

## LOCAL CRISIS RESOURCES

*Updated 9/8/23*

AGENCY/SERVICE	DESCRIPTION	PHONE NUMBER	HOURS
BHSN Crisis Services	Office hours crisis services via telephone or in-person	518-926-7100	Mon 8am-6pm Tu-Th 8am-7pm Fri 8am-4:30pm
BHSN Crisis Services	After hours crisis services via telephone	518-563-8000	24 hours/7 days
Mobile Crisis Services (Northern Rivers)	Community-based crisis services centered around mental health	518-292-5499	M-F 7am-11pm Sat-Sun 11am-7pm
COTI Project	Community-based crisis services centered around substance use	1) 518-410-5285 2) 518-579-9233	M-Th 9am-7pm F 8am-4pm
Warm Line (Rose House)	Peer-run phone lines	1) 518-502-1172 2) 845-452-2728	24 hours/7 days
Domestic Violence Project	Crisis line for those experiencing abuse, harassment, or harm from their partner	1) 712-328-0266 2) 888-612-0266	24 hours/7 days
Suicide and Crisis Lifeline (988lifeline.org)	National crisis services which connects you with a local agency via text, chat, or call	988	24 hours/7 days