Prestwick Chase at Saratoga is upstate New York’s premier adult community. Located only 5 minutes from the heart of downtown Saratoga Springs on 120 acres, where you can relax with the knowledge you are living in a safe and secure community.

At Prestwick Chase, You’ll rediscover the freedom to create, learn and explore. From the creative arts studio to the full service dining room and bar, life in our community offers inspiration and resources to live each day to the fullest.

Encourage your friends and family to enjoy the “Best Season of their Life”. Introduce them to an active independent lifestyle at Prestwick Chase.

Come see what you’re missing. Call for a tour today!
100 Saratoga Blvd., Saratoga Springs, New York 12866
www.prestwickchase.com
(518) 584-7766

Supports Continuing Education
The Saratoga Springs City School District is proud to once again bring you courses that will entertain, intrigue and excite your imagination. On the Cover: The Fall 2018 catalog showcases a drawing created by Emily Moran of the Class of 2018. Inside you will find many familiar courses in addition to some new offerings with new instructors. Please join us for a class or two in the evenings to continue to grow our program.

We would like to thank our community for your continued support in keeping this program alive. Supporting a non-profit organization for half a century does not come without its challenges. This is a true testament to the strength and vision of our community. Thank you SARATOGA for being you!

Kristina Meys, Continuing Ed Director

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**PLEASE read the Policies for the FALL 2018 Program below as some have changed. See the NEW Senior Citizen Policy and note the additional courses offered.**

**CANCELLATION POLICY**
- Classes may be canceled if there is not enough interest prior to the class date.
- Classes will be canceled if the district is closed for any reason. Information will be provided on our outgoing messages and posted on the School Website: www.saratogaschools.org.

**REFUND POLICY**

Registration in a course is a personal decision. Registrations are binding because teachers are employed and other financial commitments are made on the basis of the number of registrants for each course. After the start of the session we will not be able to honor requests for refunds. Refunds will only be issued for classes that are canceled by the instructor, Continuing Education or due to school closings. Extenuating cases are at the discretion of the Office of Continuing Education with initial requests within 30 days of the class.

**REGISTRATION INFORMATION**

**ADULTS**
- Registration is open to all adult residents of the Saratoga Springs City School District. Adults in surrounding areas are also welcome to participate in our program for an additional $3 per class where indicated.

**YOUNG ADULTS**
- High School students are welcome to participate in courses with the proper registration and signature of a parent or guardian.

**SENIOR CITIZENS**
- Senior Citizens (district residents and non-district residents) are welcome to participate in select courses at a 50% discount for classes with more than 4 sessions. The discount does not apply to one day classes and classes with LIMITED ENROLLMENT. The discount will be indicated in the catalog for courses eligible. Senior Citizens must enter their Date of Birth when registering to verify they are 62 yrs of age or older. If DOB is not provided, or does not qualify, registration will be denied.

**HOW TO REGISTER**

*Registration is not complete until registration and payment are received*

**ONLINE REGISTRATION** preferred
- New users: create your account at: www.saratogaschools.org/ce
- Existing users: www.saratogaschools.org/ceaccount
- **ONLINE registration is the most reliable method of securing your seat in a course. Classes can close due to seat limitations.**

**MAIL IN**
- Check online enrollment prior to mail-in registration. Class could be full.
- Fill out registration form; make check payable to Board of Education.
- Mail to: Office of Continuing Education, 3 Blue Streak Blvd., Saratoga Springs, NY 12866

**NO WALK IN OR PHONE REGISTRATIONS** due to limited staff.
Saratoga Springs Continuing Education LOCATIONS

The Elementary Schools are the locations for most of our EXERCISE classes

- Caroline Street: 310 Caroline Street, Saratoga Springs (518) 584-7612
- Division Street: 220 Division Street, Saratoga Springs (518) 583-4794
- Dorothy Nolan: 221 Jones Road, Saratoga Springs (518) 584-7383
- Geyser Road: 61 Geyser Road, Saratoga Springs (518) 584-7699
- Lake Avenue: 126 Lake Avenue, Saratoga Springs (518) 584-3678

The Middle School is the location for our PAY AND PLAY classes

- Maple Avenue: 515 Maple Avenue, Saratoga Springs (518) 587-4551

The High School is the location for the majority of our courses

- Saratoga Springs High School: 1 Blue Streak Blvd, Saratoga Springs (518) 587-6690

SECURITY & SAFETY

Building Entrance: To insure that our children and our community remain safe and secure within our buildings; all participants of Continuing Education MUST enter and exit through the main entrance at all Locations.

Parking: Please park in designated parking areas. Parking in school bus lanes is strictly prohibited in addition to Fire Lanes which must be left open at all times.

Prohibited: Smoking, guns, and illegal drugs are prohibited on school grounds.

Elevators: Elevators are available for classes on the second floor at the Middle School and High School.

Individuals participating in Continuing Education do so at their own risk. The District is not responsible for any injuries that might occur during Continuing Education classes.

INSTRUCTORS WANTED

The OFFICE OF CONTINUING EDUCATION is looking for interested people to teach interesting courses.

Bring your skills and knowledge to the community and make a little money doing it.

ONLINE FORM can be found at www.saratogaschools.org/Community/Continuing Education

Questions???
EMAIL: www.continuing_education@saratogaschools.org or PHONE: (518) 583-4782
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SARATOGA SPRINGS CITY SCHOOL DISTRICT CONTINUING EDUCATION
FALL 2018 - REGISTRATION FORM  PLEASE PRINT LEGIBLE.
FYI: ONLINE registration is the most reliable method of securing your seat in a course.

NAME: ___________________________ Last Name: ___________________________
First Name: ________________________ *E-mail Address (mandatory)
PHONE: ____________________________

ADDRESS: ____________________________ Street: ____________________________
City: __________________ Zip Code: __________________

COURSE NAME(1): ______________________ DATE(S): ____________ TIME: ____________ TUITION: ____________

COURSE NAME(2): ______________________ DATE(S): ____________ TIME: ____________ TUITION: ____________

COURSE NAME(3): ______________________ DATE(S): ____________ TIME: ____________ TUITION: ____________

CHECK # ___________________________ TOTAL PAYMENT: $ __________________

Please Check the Appropriate Box(s):
□ Resident of Saratoga Springs City School District
□ Non-Resident
□ Senior Citizen (age 62 & over) DOB: __/__/____

Seniors citizens must enter their birth date for verification of senior discount.

*Make Checks payable to BOARD OF EDUCATION

GENERAL WAIVER OF LIABILITY: By signing this release, I understand that the Saratoga Springs City School District will not be held responsible for injury to person or loss of/damage to property.

Signature: ___________________________ Date: ____________

Parent Signature: ___________________________ (For student under 18 years of age)

ONLINE REGISTRATION AVAILABLE THROUGH:
www.saratogaschools.org/ceregistration

ONLINE REGISTRATION BEGINS August 25, 2018

www.saratogaschools.org/ceregistration
This season we were fortunate to partner with

THE SARATOGA RACING MUSEUM

to offer some interesting courses relevant to our history here in Saratoga. Please take a look at the class offerings and note that they start a little early. Check online to see if there is still availability because registration is limited.

SARATOGA MUSEUM OF RACING TOUR
Karen Wheaton

A group will participate in a guided tour of the Museum introducing you to America’s oldest sport, its history and artifacts.

LIMITED ENROLLMENT

Dates: 9/6/2018          Sessions: 1
Time: 4:00 PM - 5:00 PM
Tuition: $10
OFFSITE LOCATION: SARATOGA MUSEUM OF RACING

SARATOGA MUSEUM OF RACING *FARM TOUR

Karen Wheaton

Adults will visit one of the local breeding farms and learn about Thoroughbred breeding and farm management and the farm’s importance to New York State agriculture and its economy. Please wear comfortable shoes.

LIMITED ENROLLMENT

Dates: 9/12/2018          Sessions: 1
Time: 11:00 AM 12:30 PM
Tuition: $12
OFFSITE LOCATION: FARM LOCATION TO BE RELEASED AND EMAILED BEFORE THE TOUR

SARATOGA MUSEUM OF RACING *THE RACETRACK & SARATOGA SPRINGS

Allen Carter

Allan Carter, the Museum historian, will discuss the history and importance of the Racetrack to the City of Saratoga Springs. Allan is the author of the 2017 book *From American Eclipse to Silent Screen and Early History of New York-Breds* and co-author of *150 Years of Racing in Saratoga*.

LIMITED ENROLLMENT

Dates: 9/25/2018          Sessions: 1
Time: 4:00 PM - 5:00 PM
Tuition: $10
OFFSITE LOCATION: SARATOGA MUSEUM OF RACING

SARATOGA MUSEUM OF RACING *OKLAHOMA TRAINING TRACK TOUR

Karen Wheaton

Adults will participate in this 90 minute tour of the historic Oklahoma Training Track and site of Horse Haven, where the first Thoroughbred race was held during the Civil War in August 1863. This is a walking tour, so please wear comfortable shoes and prepare for the weather. (No umbrellas allowed - rain date Sept 23)

LIMITED ENROLLMENT

Dates: 9/22/2018          Sessions: 1
Time: 8:30 AM - 10:00 AM
Tuition: $12
OFFSITE LOCATION: MEET AT THE SARATOGA RACING MUSEUM AT 8:15 AM TO WALK OVER

SARATOGA MUSEUM OF RACING *OLD FRIENDS of CABIN CREEK TOUR

Karen Wheaton

This tour is unlike any other where you will visit the Thoroughbred retirement facility and meet some of the most famous horses, Zippy Chippy, Commentator & King Congee living out their days in this peaceful, serene environment.

LIMITED ENROLLMENT

Dates: 10/6/2018          Sessions: 1
Time: 11:00 AM - 12:30 PM
Tuition: $12
OFFSITE LOCATION: FARM LOCATION TO BE EMAILED BEFORE THE TOUR.

ONLINE REGISTRATION BEGINS SATURDAY August 25, 2018

The best way to secure your class!
**DOG OBEDIENCE: LEVEL I**

Tammy Van Valkenburgh

For puppies and young dogs who have NO prior instruction. Learn simple commands, how to work the dogs around other dogs and people, discuss typical problems as well as your specific issues. There is homework between classes! If your dog consistently responds to the basic commands, consider Level II.

**FIRST NIGHT in the Geyser Road Elementary Cafeteria—NO DOGS—we will discuss safety and equipment options; bring proof of rabies vaccination. Participants with pups younger than 4 months old should verify shots suggested with their veterinarian prior to attending. This is not a class for dogs that have shown aggression!**

**Dates:** 9/11/2018 - 10/16/2018  
**Time:** 5:30 PM - 6:30 PM  
**Tuition:** Resident - $32.00 each  
Senior Citizen - $35.00 each  
Non-Resident - $35.00 each  
**Location:** Geyser Road - Side Parking Lot

**DOG OBEDIENCE: LEVEL II**

Tammy Van Valkenburgh

For young and adult dogs who have successfully completed beginner dog obedience and consistently respond to commands. Learn how to work the dogs around distractions, over longer distances and longer duration. We’ll cover use of and/or improvements on the commands: stay, wait and “leave it” as well as loose leash walking. There is homework between classes!

**FIRST NIGHT in the Geyser Road Elementary Cafeteria—NO DOGS—we will discuss safety and equipment options; bring proof of rabies vaccination. If your dog has shown aggression, this is not the class for you.**

**Proof of rabies vaccination**

**Dates:** 9/11/2018 - 10/16/2018  
**Time:** 5:30 PM - 6:30 PM  
**Tuition:** Resident - $32.00 each  
Senior Citizen - $35.00 each  
Non-Resident - $35.00 each  
**Location:** Geyser Road - Side Parking Lot

**HORSEMANSHIP (JUNIOR AND ADULT)**

Susan Friday

This class is designed as an introductory program in basic horseback riding. Choose stock seat, western or balance seat, or English style of riding. Special provisions will be made for more advanced riders.

PLEASE NOTE: You MUST attend the first meeting, Thurs. Sept. 20, 2018 at the High School to schedule groups and individual dates and times for 6 lessons with Mrs. Friday held at her stable in Gansevoort, NY. Classes will use the indoor arena. In addition to the cost of the class, there is a Horse Rental/Lessons Fee of $65 due to the Instructor on the first night of class.

**LIMITED ENROLLMENT**

**Dates:** 9/20/2018  
**Time:** 7:00 PM - 9:00 PM  
**Location:** High School - B101

**PUPPY CLASS - EARLY SEPT. START**

Sharon Gillis

This class is for puppies at least 4 months old. Learn using positive motivation to teach your dog to Come, Sit, Stay, Down, and walking on a loose leash. Issues such as jumping, digging and barking will be addressed. Dogs must be up-to-date with medications. Females in heat, or dogs showing signs of illness, aggression toward other dogs or people are not allowed to attend. Please email your dog’s vaccination record to dawgtrainer98@gmail.com prior to the first class.

**LIMITED ENROLLMENT (8 dogs)**

**Dates:** 9/11/2018 - 10/16/2018  
**Time:** 5:00 PM - 6:00 PM  
**Tuition:** District Resident - $32.00 each  
Non-Resident - $35.00 each  
**Location:** MacFadden Administration - Parking Lot

**NEW CLASSES ONLINE**

See what might be new online at https://saratoga.cr3.rschootoListday.com/public/home
COMMUNITY DRUM CIRCLE

Larry Levine

COMMUNITY DRUM CIRCLE “GROOVES OF THE GLOBE” Come participate in a unique and interactive percussion experience. Play and learn rhythms from all over the world. Experience the enjoyment of a drum circle - NO experience necessary - all levels-begins to advanced players. All literature and equipment provided. Let’s celebrate the “GROOVES OF THE GLOBE.”

LIMITED ENROLLMENT

Time: 7:00 PM - 9:30 PM       Day:Thurs
Tuition: Resident - $62.00 each
Non-Resident - $65.00 each
Location: High School - E104

DRUMS AND DRUMMING: LEVEL 1

INTRODUCTION

Larry Levine

Learn the basics of playing drums and/or hand drumming without the heavy financial commitment this art form usually entails. Setting up and understanding the equipment, learning the usage of drumsticks and brushes, proper playing technique, stick and hand control, various rhythmic patterns and many musical styles are just a few of the topics covered. Each student will have the opportunity to play complete drum sets as well as assorted hand percussion instruments. The classes will be recorded, both audio and video, for the students’ keepsake. All instruments are provided for use during the classes at no charge. Students should bring their own drumsticks, or a pair will be available for use. Cost of class includes literature.

LIMITED ENROLLMENT

Dates: 9/26/2018-10/31/2018  Sessions: 6
Time: 7:00 PM - 9:30 PM       Day:Weds
Tuition: District Resident - $72.00 each
Non-Resident - $75.00 each
Location: High School - E104

INTRO TO DIGITAL PHOTOGRAPHY

Ethan Atwood

Have questions about digital photography? Want to learn more? This is the right class for you. Learn how your camera works and how you can take more creative shots. Good for beginners just starting out, or intermediate shooters looking to practice and learn a bit more. Bring your own camera, a DSLR or mirrorless is preferable.

Dates: 9/18/2018-10/30/2018  Sessions: 7
Time: 6:00 PM - 8:00 PM       Day:Tues
Tuition: District Resident - $72.00 each
Non-Resident - $75.00 each
Senior citizens age 62 and over - 50% off
Location: High School - D105

RUBBER STAMPING I: STAMP A STACK OF HOLIDAY CARDS

Debra Valder

To be prepared well in advance for this year’s holidays, you will be stamping a stack of HOLIDAY cards and will go home with two of each card, along with the envelopes. No previous experience is necessary! Check out my blog at https://stampladee.com/ for samples of my work. Bring a pair of sharp scissors & adhesive.

Dates: 9/27/2018  Sessions: 1
Time: 6:30 PM - 9:00 PM       Day:Thurs
Tuition: $15 (plus $10 material fee paid to instructor)
Location: High School - G110

RUBBER STAMPING II: STAMP A STACK OF CARDS

Debra Valder

You will be stamping a stack of all occasion cards and will go home with TWO of each card along with the envelopes. No previous experience necessary. Check out my blog for samples of my work http://stampladee.com Bring a pair of sharp scissors & adhesive.

Dates: 10/25/2018  Sessions: 1
Time: 6:30 PM - 9:00 PM       Day:Thurs
Tuition: $15 (plus $10 material fee paid to instructor)
Location: High School - G110

RUBBER STAMPING III:MORE HOLIDAY CARDS

Debra Valder

Did you forget someone from your list? This class is filled with over the top Holiday Cards to complete your shopping season. Please join me in a warm and wonderful evening to celebrate the holidays. No previous experience necessary. Check out my blog for samples of my work http://stampladee.com Bring a pair of sharp scissors & adhesive.

Dates: 11/8/2018  Sessions: 1
Time: 6:30 PM - 9:00 PM       Day:Thurs
Tuition: $15 (plus $10 material fee paid to instructor)
Location: High School - G110

CHECK THE ONLINE CATALOG FOR UPDATES
CHALK PAINT FOR FUN & PROFIT!

Mary Anastasio

Furniture painting for fun and profit! We will learn to re-surface vintage furniture with the latest technics and style. Chalk paint, lacquer paint and stain finishes will be used to create textures, age and colors. Focus on the newest trends in painting furniture will be explored, Botto chic, Farm house style, inlay stencil, and heavy distressed with glaze. Students will bring small tables, chairs or frames to class to paint. If needed, a small UTILITY CART will be provided by the Continuing Education office to transport projects. $10 materials fee Small object of your choice (small table, chair, stool, frames)

**Dates:** 9/18/2018-10/23/2018  **Sessions:** 6
**Time:** 6:00 PM - 8:00 PM  **Day:** Tues
**Tuition:** Resident - $62.00 each  
Non-Resident - $65.00 each  
Senior Citizen - age 62 & over - 50% off
**Location:** High School - D116

CREATING PINECONE GARLAND

Niki Russell

Add a traditional touch to your home for the upcoming holidays or throughout the year. Choose to create a unique 9ft-12ft pinecone garland. Add your own final touches by garnishing with ribbon. Pinecones, ribbon, cording and wire provided. Please bring needle-nose pliers, wire cutters and a $12 Material fee payable to the instructor that evening.

**Dates:** 12/6/2018  **Sessions:** 1
**Time:** 6:30 PM - 9:00 PM  **Day:** Thurs
**Tuition:** $15.00 each
**Location:** D120

PINECONE WREATHMAKING

Niki Russell

Add a traditional touch to your home for the upcoming holidays. Assemble your pinecone wreath using a wire frame and wire; then add your own final touches by garnishing with ribbon. Please bring needle-nose pliers, wire cutters and a $15 Materials fee payable to the instructor to that evening.

**Dates:** 11/5/2018  **Sessions:** 1
**Time:** 6:30 PM - 9:00 PM  **Day:** Thurs
**Tuition:** $15.00 each
**Location:** D120

HYDRANGEA WREATHMAKING

Niki Russell

Come with nimble fingers to take fresh hydrangea flowers and wire them, using the stems only, into a beautiful wreath ready to dry. For those with not-so-nimble fingers, we’ll use straw as a base for making our own beautiful wreath ready to dry. Learn tips on how to keep your wreath for years! Hydrangea, wire and straw supplied.

Bring your needle-nose pliers, wire cutters and a $12 Material fee payable to the instructor.

**Dates:** 9/20/2018  **Sessions:** 1
**Time:** 6:30 PM - 9:00 PM  **Day:** Thurs
**Tuition:** $15.00 each
**Location:** D120

CREATING WIRE WRAPPED JEWELRY: BEGINNERS

Betty Fryer  **LIMITED ENROLLMENT**

Design & create earrings and pendants using wire wrapping techniques of twisting, bending, curling, spiraling; create a wire cage to hold a cabochon, without soldering! Learn properties of sterling silver, Argentium, gold filled, copper and artisan wires including shape, temper and gauge, and the proper tools used in wire wrapping. Explore use and characteristics of beads and cabochons when designing custom jewelry.Materials Fee of $40 Bring to class: Wire cutters Flat nose pliers Round nose pliers 12" Ruler Permanent marker Blue painter’s tape or quilting tape Blunt kitchen knife Pair of scissors and an emery board

**Dates:** 9/27/2018-10/25/2018  **Sessions:** 4
**Time:** 6:30 PM - 9:30 PM  **Day:** Thurs
**Tuition:** Resident - $47.00 each  
Non-Resident - $50.00 each
**Location:** High School - D119

WIRE WRAPPING JEWELRY WORKSHOP

Betty Fryer

Create and design your own custom made Wire Wrapped Jewelry – earrings pendant, keychain or bracelet. Bring your own cabochons or stones; or collectible items (military, reuse of jewelry). Bring your design ideas to the first class for review and guidance. Students must have some basic knowledge of wire wrapping techniques. A $30 material fee will be collected the first class.Material fee: $30  
•Wire cutters  
•Flat nose pliers  
•Round nose pliers  
•12" Ruler  
•Permanent marker  
•Blue painter’s tape or quilting tape  
•Blunt kitchen knife  
•Pair of scissors  
•An emery board  
Thank you,  **LIMITED ENROLLMENT**

**Dates:** 11/1/2018-11/15/2018  **Sessions:** 3
**Time:** 6:30 PM - 9:30 PM  **Day:** Thurs
**Tuition:** District Resident - $42.00 each  
Non-Resident - $45.00 each
**Location:** High School - D119

CROCHET FOR BEGINNERS

Dana Foster

In this beginners crochet class, we will be learning several basic crochet stitches and creating a pair of slippers. There will be a $7.00 materials fee for yarn, unless you choose to bring your own.

**Dates:** 9/17/2018-10/22/2018  **Sessions:** 5
**Time:** 6:00 PM 7:00 PM  **Day:** Mon
**Tuition:** District Resident - $27.00 each  
Non Resident - $30.00 each  
Senior citizens age 62 and over - 50% off
**Material fee of $7 paid to instructor**
**Location:** High School - D103

DANCE

A NIGHT OF LATIN FUSION - ONE NIGHT

Lauren Mascolo

A ONE NIGHT introductory course which gives a foundation of movement for students who have had little or no dance experience. In this course, students will learn the basics in Salsa, Merengue, Cha Cha & Bachata. Emphasis will be on the basic principles of timing, as well as basic foot work and variations of simple turn patterns and individual shines.

**Dates:** 11/14/2018  **Sessions:** 1
**Time:** 6:00 PM - 8:00 PM  **Day:** Wed
**Tuition:** $12.00 each
**Location:** High School - Teaching Auditorium

HEALTH & BELLY DANCE

Elaina R

The benefits of BELLY DANCING are both mental and physical. It’s a form of spiritual nutrition as well as a quality means of physical exercise. Learn to move to beautiful Middle Eastern music while enjoying a pleasant way to keep your body healthy.

**Dates:** 9/26/2018-11/14/2018  **Sessions:** 8
**Time:** 6:30 PM - 7:30 PM  **Day:** Wed
**Tuition:** District Resident - $42.00 each  
Non-District Resident - $45.00 each
**Senior Citizens age 62 and over - 50% off**
**Location:** Caroline Street - Small Gym

ONLINE REGISTRATION

**BEGINNS August 25, 2018**

The best way to secure your class!
BALLROOM DANCING I
Hershell Allen

BEGINNER BALLROOM DANCE Offered by popular demand with the return of the big band sound. For beginners or those who want to brush up on their dancing skills. Dances will include both ballroom and Latin dancing including: Fox Trot, Waltz, Tango, Cha-Cha, and Rumba. FOR COUPLES ONLY.

CLASS #1
Time: 6:30 PM - 8:00 PM  Day:Mon
Tuition: Resident - $72.00 for 2  Non-Resident - $78.00 for 2
Location: Geyser Road - Cafeteria

CLASS #2
Time: 8:00 PM - 9:30 PM  Day:Wed
Tuition: Resident - $72.00 for 2  Non-Resident - $78.00 for 2
Location: Geyser Road - Cafeteria

BALLROOM DANCING - INTERMEDIATE
Hershell Allen

INTERMEDIATE BALLROOM DANCE Ballroom I with more advanced steps. Learn additional steps in the Fox Trot, Waltz, Viennese Waltz, Samba, Quick Step, Paso Doble and others. A new dance or two will be added. This course will be helpful with the return of the 'Big Band' sound. FOR COUPLES ONLY.

Time: 6:30 PM - 8:00 PM  Day:Wed
Tuition: Resident - $72.00 for 2  Non-Resident - $78.00 for 2
Location: Geyser Road - Cafeteria

BALLROOM DANCING - ADVANCED
Hershell Allen

ADVANCED BALLROOM DANCE A combination of Ballroom I, and Ballroom Intermediate, with more advanced steps. Learn additional steps in the Fox Trot, Waltz, Viennese Waltz, Samba, Quick Step, Paso Doble and others. A new dance or two will be added. This course will be helpful with the return of the 'Big Band' sound. FOR COUPLES ONLY.

Time: 6:30 PM - 8:00 PM  Day:Tu
Tuition: Resident - $80.00 for 2  Non-Resident - $86.00 for 2
Location: Geyser Road - Cafeteria

R&B SOUL LINE DANCING
Mary Colby

** 4 WEEK SESSION**  R&B Soul Line Dancing is exercise in disguise!!! Our versions of R&B Soul Line Dancing is NO PARTNER dancing to tunes from ELVIS to BRUNO... with a generous sprinkling of MOTOWN mixed in. We have "no rules" - we teach easy to learn routines and encourage self interpretation. Join us for this NO PRESSURE fun class and you’ll dance with your Heart and feel your soul.

CLASS #1
Dates: 10/2/2018-10/23/2018  Sessions: 4
Time: 6:30 PM - 7:30 PM  Day:Tues
Tuition: Resident - $22.00 each  Non-Resident - $25.00 each
Location: Geyser Road - Gym

CLASS #2
Time: 6:30 PM - 7:30 PM  Day:Tues
Tuition: Resident - $22.00 each  Non-Resident - $25.00 each
Location: Geyser Road - Gym

SWING I
Hershell Allen

SWING I Swing is one of the most popular dances in the world! Come have an invigorating, fun-filled experience as you learn the Jitterbug, Lindy-Hop and Jive. COUPLES ONLY.

Time: 8:00 PM - 9:30 PM  Day:Mon
Tuition: Resident - $72.00 for 2  Non-Resident - $78.00 for 2
Location: Geyser Road - Cafeteria

SWING II
Hershell Allen

SWING II Come have an invigorating, fun-filled experience in this dance class. Swing is one of the most popular dances in the world and Swing II will offer additional steps that will build on the Swing I Jitterbug, Lindy Hop and Jive. Completion of the Swing I dance class is recommended. COUPLES ONLY.

Time: 8:00 PM - 9:30 PM  Day:Tues
Tuition: Resident - $80.00 for 2  Non-Resident - $86.00 for 2
Location: Geyser Road - Cafeteria

ONLINE REGISTRATION
BEGINNS August 25, 2018
The best way to secure your class!
HOW BAD DO YOU WANT IT?  
SCULPTING the NEW YOU!
Darlene DeVoe

This one and a half hour class is designed to motivate and teach those that have the desire to improve their quality of life. Students will learn how to utilize proper movements and body weight to achieve RESULTS! You only need to bring water.

Dates: 9/17/2018-11/5/2018  
Sessions: 8

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $70.00 each  
Non-Resident - $73.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Geyser Road - Gym

POUND FITNESS  -Monday ONLY
Janelle Heath

POUND is a full body Rockin’ Out Jam session combining light resistance with constant simulated drumming. This workout fuses cardio, Pilates, plyometrics, isometric movements and poses while channeling your inner rock star! NO prior drumming experience needed. Bring a mat and plenty of water to each class.

LIMITED ENROLLMENT

Dates: 9/17/2018-11/5/2018  
Sessions: 15

Time: 7:00 PM - 8:00 PM
Tuition: District Resident - $62.00 each  
Non-Resident - $65.00 each  
Senior citizen - age 62 and over - 50% off

Location: Geyser Road - Large Gym

STRENGTH TRAINING FOR WOMEN  
MONDAY & WEDNESDAY
Susan Johnson

Join us in a relaxed atmosphere; a class for all ages with both standing and floor strengthening exercises. Participants must bring own hand weights, yoga mat and water bottle.

Dates: 9/17/2018-11/14/2018  
Sessions: 15

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $70.00 each  
Non-Resident - $73.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Dorothy Nolan - Large Gym

STRENGTH TRAINING FOR WOMEN  
MONDAY ONLY
Susan Johnson

Sessions: 7

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $37.00 each  
Non-Resident 1 day a week - $40.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Caroline Street - Large Gym

STRENGTH TRAINING FOR WOMEN  
WEDNESDAY ONLY
Susan Johnson

Dates: 9/19/2018-11/14/2018  
Sessions: 8

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $42.00 each  
Non-Resident 1 day a week - $45.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Caroline Street - Large Gym

TABATA - MONDAY & WEDNESDAY
Kendra Vickers

Dates: 9/17/2018-11/5/2018  
Sessions: 8

Time: 5:30 PM - 6:30 PM
Tuition: District Resident - $70.00 each  
Non-Resident - $73.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Geyser Road - Gym

TABATA - MONDAY ONLY
Kendra Vickers

Dates: 9/17/2018-11/5/2018  
Sessions: 8

Time: 5:30 PM - 6:30 PM
Tuition: District Resident - $37.00 each  
Non-Resident - $40.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Geyser Road - Gym

ZUMBA - MONDAY & WEDNESDAY
Yuka Kurihara

Zumba® is a Latin-inspired cardio-dance workout that uses music and choreographed steps to create a party like atmosphere. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Dates: 9/17/2018-11/28/2018  
Sessions: 14

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $65.00 each  
Non-Resident - $68.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Division Street - Large Gym

ZUMBA-MONDAY ONLY
Yuka Kurihara

Dates: 9/17/2018-11/26/2018  
Sessions: 7

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $42.00 each  
Non-Resident - $45.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Division Street - Large Gym

ZUMBA-WEDNESDAY ONLY
Yuka Kurihara

Dates: 9/26/2018-11/28/2018  
Sessions: 6

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $32.00 each  
Non-Resident - $35.00 each  
Senior Citizen - age 62 and over - 50% off

Location: Division Street - Large Gym

SeniOR CITIZENS MUST HAVE DATE OF BIRTH ON FILE TO QUALIFY FOR THE SENIOR CITIZEN DISCOUNT
ZUMBA -THURSDAY & THURSDAY
Janine Hawthorne
Zumba is a mind, body and spirit rejuvenation. The hottest International Dance/Fitness class in existence, Zumba combines the Latin Rhythms of Merengue, Cha-Cha, Salsa, Cumbia & Reggaeton. All routines are uniquely choreographed to original music. The class consists of 15 minutes of Warm-Up, 30 minutes of Cardio and 15 minutes of Cool-Down. One burns between 600-1000 calories per class. Comfortable work-out attire and smooth bottom sneakers suggested. Join the party!

Dates: 9/18/2018-11/15/2018  Sessions: 18
Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $85.00 each
Non-Resident - $88.00 each
Senior citizens - age 62 and over - 50% off
Location: Lake Ave Elementary - Boys Gym

ZUMBA -TUESDAY ONLY
Janine Hawthorne

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $47.00 each
Non-Resident - $50.00 each
Senior Citizens - age 62 and over - 50% off
Location: Lake Avenue - Boys Gym

ZUMBA -THURSDAY ONLY
Janine Hawthorne

Time: 6:00 PM - 7:00 PM
Tuition: District Resident - $47.00 each
Non-Resident - $50.00 each
Senior Citizens - age 62 and over - 50% off
Location: Lake Avenue - Boys Gym

21st CENTURY
RETIREMENT STRATEGIES
Ryan Duff
Retirement today looks a whole lot different from the good old days, when people generally retired at 65 to a life of leisure supported by a company pension plan and guaranteed government benefits such as Social Security and Medicare. This seminar discusses the importance of determining retirement needs and withdrawal amounts so that clients can make the most out of their retirement income.

CLASS #1
Dates: 10/11/2018  Sessions: 1
Time: 7:00 PM - 8:30 PM  Day:Thurs
Tuition: $12
Location: High School - B101

CLASS #2
Dates: 10/18/2018  Sessions: 1
Time: 7:00 PM - 8:30 PM  Day:Thurs
Tuition: $12
Location: High School - B103

ANNUITIES DEMYSTIFIED
Robert Gomez
Annuities - the Basics is a short presentation explaining the current features of annuities. The misinformation and financial “gobbledygook” will be taken out of the discussion. This will not be what you have heard on the radio! How annuities can be used as a safe way to save for your future and that of your family.

Dates: 10/15/2018  Sessions: 1
Time: 7:00 PM - 8:00 PM  Day:Mon
Tuition: $12
Location: High School - B105

BOOM and BUST: WHAT HAPPENS IF MY COMPANY CAN’T PAY MY PENSON?
Darren Leader
Your pension is crucial to your retirement security. But what happens to your pension if your employer goes bankrupt. What does it mean for you if there is a large shortfall in pension funding? Will you still receive your pension? Will it be reduced? Join us to learn about the protections that exist for your pension benefit and how it should fit into your “big picture” financial plan.

CLASS #1
Dates: 10/9/2018  Sessions: 1
Time: 6:30 PM - 7:30 PM  Day:Tues
Tuition: $12
Location: High School - B107

CLASS #2
Dates: 10/24/2018  Sessions: 1
Time: 6:00 PM - 7:00 PM  Day:Wed
Tuition: $12
Location: High School - B107

FINANCE
GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE:
AN INTRODUCTION TO PROFESSIONAL VOICE-ACTING
Warren Garling, Voice Coach, Jen Marcotte, Voice Coaches
GREAT OPPORTUNITY! Travel south one night for a voice class in an actual STUDIO! If you have ever been told you have a great voice... this is the class for you. From audio books and cartoons to documentaries, commercials, and more, this class will introduce you to the growing field of voice over. Learn what the pros look for, how to prepare and where to find work in this exciting field!

OFFSITE LOCATION:  @CREATIVE VOICE DEV. GROUP

Dates: 10/30/2018  Sessions: 1
Time: 6:30 PM - 9:00 PM  Day:Tues
Tuition: $15
OFFSITE LOCATION:  CREATIVE VOICE DEV. GROUP
26 VLY ROAD  ALBANY, NY  12205

HEALTHCARE AFTER RETIREMENT
Michael Stanton
Do you know what to expect when it comes to Medicare? Did you know Medicare is mandatory for those collecting Social Security and it will likely be your greatest expense in retirement? If you or someone you know is turning 65, ready to retire, or losing your employer plan, this course will help you discover an understanding of Medicare. From Part A to IRMAA, learn the fundamentals of how each section of Medicare works in this hands-on class aimed at making complex information easy-to-understand.

Dates: 9/17/2018  Sessions: 1
Time: 6:30 PM - 8:00 PM  Day:Mon
Tuition: $12
Location: High School - B107

ALWAYS LOOKING for people interested in teaching a class

CHECK THE ONLINE CATALOG FOR UPDATES

Register ONLINE at www.saratogaschools.org/ceregistration
COLOge Tuition Discounting: The Only Financial Aid You Might Get

Shon McLain

Earn too much to qualify for financial aid? With Tuition discounting, you can still save thousands of dollars off the published cost of tuition at private colleges! Do you have a household income over $150K? Have you properly positioned your assets to minimize your Expected Family Contributions (EFC)? Do you know if your target college uses the FAFSA or Institutional form? Do you know how tuition discounting works? Are you currently earning tuition discounts? How much of your child’s student loans can you expect to co-sign? After paying for college, what's left for you?

CLASS 1

Dates: 9/17/2018
Time: 6:30 PM - 7:30 PM
Tuition: $12
Location: High School - B103

CLASS 2

Dates: 10/11/2018
Time: 6:30 PM - 7:30 PM
Tuition: $12
Location: High School - B103

CLASS 3

Dates: 10/15/2018
Time: 6:30 PM - 7:30 PM
Tuition: $12
Location: High School - B103

CLASS 4

Dates: 10/30/2018
Time: 6:30 PM - 7:30 PM
Tuition: $12
Location: High School - B103

Funding Programs for a College Education

Robert Gomez

I want to save for my child’s college education. So now what? Both the pros and cons for each major savings program will be explored. College costs are a long way away and very scary to think about. However they can be reduced with timely action. This presentation gives the actionable knowledge to make the issue a more manageable event.

Dates: 10/1/2018
Time: 7:00 PM - 8:00 PM
Tuition: $12
Location: High School - B105

How to Get to the 0% Tax Bracket

Steve Kamen

At Mosaic WSG, we believe there is a massive freight train bearing down on the average American investor, and it’s coming in the form of higher taxes. The U.S. Government has made trillions of dollars in promises for programs such as Soc. Security & Medicare it simply can’t afford to keep. The only way to deliver on these promises is to RAISE taxes. Some experts have even suggested that tax rates will have to double to keep our country solvent. If that should happen, how much of your hard-earned money will you really end up with? The course is based on a book by David McKnight “The Power of Zero” which is about effectively eliminating tax risk from your retirement picture. The $25 book is available for purchase.

Dates: 10/16/2018-10/23/2018
Time: 6:30 PM - 9:30 PM
Tuition: District Resident - $25.00 each Non-Resident - $28.00 each
Location: High School - B101

Estate Essentials: Planning for Your Future and Your Family

Edward Martin

Join Ed, a local estate planning attorney, as he leads a discussion on timely estate planning opportunities. Learn about wills, powers of attorney, health care proxies, living trusts for asset protection, probate avoidance, tax reduction, long-term care planning, Medicaid eligibility and more. Questions are always welcome.

Dates: 10/23/2018
Time: 6:00 PM 8:00 PM
Tuition: $12
Location: High School - B103

Financial Wellness: A 10 Point Check-Up

Frank Finch

As people live longer in retirement than ever before, the image of a ‘retiree’ has changed dramatically; more active, energetic and who truly experience life. Learn to design a clearer path to an exciting financially independent stage. The instructor developed this hands-on workshop with 3 broad paths to an active retirement in mind. Worksheets and exercises will guide participants toward bright futures that go beyond money, numbers and financial planning. As we define these 3 distinct paths, we’ll consider necessary costs of living and ways to create and fund your path to the active retirement you desire.

Dates: 9/26/2018
Time: 6:15 PM - 8:00 PM
Tuition: $12
Location: High School - B107

So You’re Ready to Downsize

Neil Bindelglass

According to AARP, an American turns 50 every eight seconds. That is more than 10,000 people every day. During this time, many people begin to think about downsizing, either by choice or because of health related issues. This 1 1/2 hour class will give an overview about how to break this mammoth task down into manageable pieces. Topics will include: Sorting your possessions, how to downsize, how to get rid of no longer needed items, space planning for a new residence, questions to ask before you hire a mover, home staging, when a Senior Move Manager is right for you, questions to ask a Senior Move Manager before you hire them.

Dates: 10/9/2018
Time: 6:30 PM - 8:00 PM
Tuition: $12
Location: High School - B103

How to Get Rid of Your Stuff

Neil Bindelglass

This course is the perfect accompaniment to “So, You’re Ready to Downsize.” Millions of Americans are downsizing and moving to smaller homes. And many older Americans have been in their homes for decades. This course will discuss how you can dispose of all of the items that you don’t want or won’t be taking with you when you move. Topics will include Craig’s List, Ebay, estate sales, giving things away and donating goods (and the tax benefits).

Dates: 10/16/2018
Time: 6:30 PM - 8:00 PM
Tuition: $12
Location: High School - B103
LITTLE KNOWN FEATURES OF LIFE INSURANCE POLICIES
Robert Gomez
Most people consider life insurance just another expense to be paid. Many people think the only way to benefit from a life policy is to die. WRONG! Did you know it can help pay for your children’s college expenses? Did you know it can help fund your retirement, or long term care? You pay for these features and more so why not take advantage of them?
Dates: 9/24/2018
Time: 7:00 PM - 8:00 PM
Tuition: $12
Location: High School - B105

MAXIMIZING YOUR SOCIAL SECURITY BENEFITS
Frank Finch
A few key decisions can make a big difference in the amount of your social security benefit. Attend our hands-on workshop and learn strategies to get the most money from Social Security and other retirement sources. Learn how to plan for and minimize taxes and other costs during retirement, as well as how to wisely grow and protect your retirement income. This session will cover key Social Security choices, such as individual and spousal options and when to take your benefit, as we explore simple steps to maximize your money. We will also give limited attention to Medicare and health care costs and choices. Join us before you make final decisions that may not be able to be reversed.
Dates: 10/3/2018
Time: 6:15 PM - 8:00 PM
Tuition: $12
Location: High School - B107

NAVIGATING THE WORLD OF RETIREMENT STRATEGIES
Frank Finch
This class focuses on breadth and not depth, by providing a general primer or overview that will improve your vocabulary and consumer confidence by defining popular products and strategies that bombard us in media. This includes: Annuities (i.e., Variable, Fixed, Immediate, Deferred, and Riders and Guaranteed Income Features); Medicare Parts A, B, C, D; Long Term Care Policies; Life/Long Term Care Ins. Policies; Age/Stage-Related Mutual Funds, Portfolio Construction approaches; IRA strategies, etc. You will leave with a more thorough understanding of retirement products and strategies.
Dates: 11/14/2018
Time: 6:15 PM - 8:00 PM
Tuition: $12
Location: High School - B107

MEDICARE MADE CLEAR
Maureen Hallaran
With so much media coverage and product literature bombarding your mailbox, knowledge is imperative when choosing your Medicare health plan. Come learn all about Medicare basics and its parts, premiums, and deductibles. Learn how to evaluate and make an educated decision in choosing your Medicare plan every year with confidence. We’ll review the differences between a Medicare Advantage Plan, a Medicare Supplement Plan and Part D Prescription Coverage. Finally, see if you qualify for State prescription Assistance or other available assistance programs!
CLASS #1
Dates: 9/18/2018
Time: 6:30 PM - 8:30 PM
Tuition: $12
Location: High School - B105

CLASS #2
Dates: 10/24/2018
Time: 6:30 PM - 8:30 PM
Tuition: $12
Location: High School - B105

RETIREMENT PLANNING TODAY
5 hours
Steve Hipsley
This two-part course is designed to get you prepared for retirement. Income sources, investing, taxes, and estate planning are just one component of retiring. We will also discuss the holistic side of retirement. This course blends financial education with life planning to help you build wealth, align your money with your values, achieve your retirement lifestyle goals and provide you with the tools necessary to achieve those goals. Couples are encouraged to attend. Materials Fee for 225 Pg. Textbook $25 - One per couple
CLASS #1
Dates: 10/18/2018-10/25/2018
Time: 6:30 PM - 9:00 PM
Tuition: Individual - District - $15.00 each
Couple - Resident - $25.00 for 2
Individual - Non-Resident - $18.00 each
Couple - Non-Resident - $31.00 for 2
Location: High School - B110

CLASS #2
Dates: 10/22/2018-10/29/2018
Time: 6:30 PM - 9:00 PM
Tuition: Resident-Individual - $15.00 each
Resident-Couple - $25.00 each
Non-Resident-Individual - $18.00 each
Non-Resident-Couple - $31.00 each
Location: High School - B110

RETIREMENT PLANS FOR SMALL BUSINESSES
Ryan Duff
As a small business owner, you’re probably use to handling a lot of responsibility—everything from drawing up detailed business plans to creating a budget. So it should come as no surprise that funding your retirement will likely fall on your shoulders. We’ll discuss the type of plan specific to your business, understanding the differences in the options to choose from, and determine if you’ve been missing out on important tax benefits and making the most appropriate employee contributions.
Dates: 11/1/2018
Time: 7:00 PM - 8:30 PM
Tuition: $12
Location: High School - B105

SO YOU WANT TO RENT YOUR HOME FOR TRACK SEASON 2019!
Tom Federlin
Who rents their home for the track? How do I get my house ready to rent? How do folks find my home? What is my home worth? What is the procedure? What about the paperwork? Is there a lease? Security Deposits? If you are considering renting your home for the track season, join Tom and get the answers to these and other very important questions.
Dates: 10/29/2018
Time: 6:30 PM - 8:30 PM
Tuition: $12
Location: High School - B107

SOCIAL MEDIA FOR BUSINESS
Daniel Barner
Learn social media marketing best practices from a local marketing company owner. NEW Instructor Dan Barner will examine how to use Facebook, Twitter, Instagram and LinkedIn as part of an effective marketing strategy for your business or organization.
Dates: 10/23/2018-11/13/2018
Time: 6:00 PM - 7:30 PM
Tuition: District Resident - $32.00 each
Non-Resident - $35.00 each
Location: High School - B105

See what might be new online at https://saratoga.cr3.rschooltoday.com/public/home
TAKE THE MYSTERY OUT OF ESTATE PLANNING

Richard Fuerst

Take the mystery out of wills, health care proxies, powers of attorney and trusts. We promise to explain the ins and outs of these important estate planning strategies – in simple, non-legal terms. Learn why thoughtful planning will benefit you and your family as we discuss – based on the latest legal and government changes – nursing home and Medicaid considerations, as well as avenues open in order to reduce wealth transfer taxation.

Dates: 9/25/2018
Time: 6:30 PM - 8:30 PM
Tuition: $12
Location: High School - B106

TAX EFFICIENT PLANNING PROCEDURES

Steve Vadney

Taxes come in many forms and while investors generally do not mind paying their fair share, no one wants to pay more than they should. Income tax, sales tax, property tax, school taxes are unavoidable in our daily lives and, even if you don’t own property, some of these taxes are built into rents and leases. There are taxes that can and should be planned. Investors know their gains aren’t always theirs and short term sales tax, property tax, school taxes are unavoidable in our daily lives and, even if you don’t own property, some of these taxes are built into rents and leases. There are taxes that can and should be planned. Investors know their gains aren’t always theirs and short term

THE NEW REVERSE MORTGAGE FOR 2018 - IS IT RIGHT FOR YOU?

Burton Farbstein

This course will guide you through the relevant facts, dispel old myths and clarify misconceptions about current Reverse Mortgages and whether it is the right choice for you. We go through qualifications, mortgage types, different ways to receive your tax-free cash, impact on inheritance and heirs, and different ways a Reverse Mortgage can positively impact your life in matters of retirement planning, health-related services and improving your overall lifestyle.

CLASS #1

Dates: 9/20/2018
Time: 6:30 PM - 8:30 PM
Tuition: $12
Location: High School - B103

CLASS #2

Dates: 9/26/2018
Time: 7:00 PM - 9:00 PM
Tuition: $12
Location: High School - B103

CLASS #3

Dates: 10/10/2018
Time: 7:00 PM - 9:00 PM
Tuition: $12
Location: High School - B103

COOKING FRENCH FOOD

Isabelle Prak

During this class you will learn a little French, use the metric system and enjoy delicious food prepared by a native-born citizen and now a resident of the Saratoga Springs City School District.

Material fee: $5 for cooking material

Dates: 9/17/2018
Time: 6:00 PM - 7:30 PM
Tuition: $12 plus $5 non-refundable material fee
Location: High School - D202

CREPES - THAI PEANUT VEGGIE, CANNOLI CREAM & NUTELLA

Amy Kantor

Street food throughout Europe, a culinary wonder in Saratoga! Join caterer and personal chef, Amy Kantor, to learn to make these thin pancakes that surround delicious and easy-to-prepare dinner fillings, such as Thai Peanut Veggie and for dessert, cannolis with Nutella. Crepes and creative fillings make for a memorable dinner or any-time meal, can be made gluten free, are easy to freeze for later use, and the phrase “Bon Appetite” never tasted so good!

Material fee: $12 for cooking material paid with registration fee.

Dates: 10/9/2018
Time: 6:30 PM - 9:30 PM
Tuition: $15 plus $12 non-refundable material fee
Location: High School - D201

DRUNKEN CHICKEN

Amy Kantor

Chicken cutlets go a long way in this class as Chef Amy demonstrates how to turn poultry portions into gourmet wonders in no time. Make gluten free dishes using chicken cutlets in a simple and delicious orange sauce; in a classic vodka sauce and rolled cutlets with a zesty stuffing of spinach, olives, sun-dried tomato, onion and kalamata olives. Restaurant dining doesn’t get any better than this.

Material fee: $12 for cooking material paid with registration fee.

Dates: 9/17/2018
Time: 6:30 PM - 9:30 PM
Tuition: $15 plus $12 non-refundable material fee
Location: High School - D201

FUN WITH PHYLLO DOUGH

Amy Kantor

Flaky, decadent and delicious. That’s phyllo dough, and it’s easy to handle. We’ll make aromatic lamb and feta lasagna for dinner and cream cheese and guava and olive tapenade with sundried tomatoes... A trip to Greece or Turkey in your own backyard.

Material fee: $12 for cooking material paid with registration fee.

Dates: 10/15/2018
Time: 6:30 PM - 9:30 PM
Tuition: $15 plus $12 non-refundable material fee
Location: High School - D201

The best way to secure your class!
IT’S TIME FOR SOME SOUP
Amy Kantor

Join me for a night of heart-warming spinach tortellini soup crafted with a homemade tomato base and a pumpkin soup infused with a red wine. Remember to bring your appetite.

Material fee: $12 for cooking material

Dates: 11/7/2018  Sessions: 1
Time: 6:30 PM - 9:30 PM  Day:Wed
Tuition: $15 plus $12 non-refundable material fee
Location: High School - D201

PAD THAI
Amy Kantor

Imagine preparing the renowned Thai restaurant dish of Pad Thai ~ gluten free rice noodles rich in tamarind paste and fish sauce from your own kitchen without commercial bottled sauces. Join chef Amy and imagine no more as we dish up her colorful edition with chicken, tofu and shrimp mixed with stir fried veggies and teaming with aromatic ginger, garlic, onion and minced nuts.

Material fee: $12 for cooking material

Dates: 10/16/2018  Sessions: 1
Time: 6:30 PM - 9:30 PM  Day:Tues
Tuition: $15 plus $12 non-refundable material fee
Location: High School - D201

THE ULTIMATE FUSION FLAVOR
-KIMCHEE
Karin Drosdick

Fermented foods are all the rage right now with its immune-boosting health benefits. Learn how to use Kimchi as a flavorful condiment in these Asian-influenced dishes: coconut-carrot kimchi soup; a trendy cauliflower kimchi fried rice; and finally a kimchi pancake! You will be surprised at the different ways you can incorporate Kimchi in your cooking.

Material fee: $12 for cooking material

Dates: 10/3/2018  Sessions: 1
Time: 6:00 PM - 8:00 PM           Day:Wed
Tuition: $12
Location: High School - A114 (computers - library)

CRUISING-TIPS & SAVINGS
Tracey Kubis

Have you dreamed of taking a cruise? You can! And, you can save money too! Gain the knowledge to understand the ins and outs of cruising, how to book your own shore excursions – saving money along the way! Learn the game of cruising, and come out saving! The instructor has taken over 35 cruises and has learned these tips from her own experience.

Dates: 10/11/2018  Sessions: 1
Time: 7:00 PM - 9:00 PM  Day:Thurs
Tuition: $12
Location: High School - B108

DISCOVER DISNEY
Lorie Liptak

Have you ever wanted to take a Walt Disney World vacation but have lots of reasons why you think you can’t? Are you planning another Disney vacation and want it to be more magical than ever? Let me help you discover Disney! I am not a travel agent, nor do I work for Disney, but I have planned many memorable trips for family and friends of all ages. Learn tips and tricks to enjoying a Disney vacation including picking a resort, places to eat, what rides and shows to see, what to bring, souvenirs, rainy days, crowds, parades and everything in between!

Dates: 10/9/2018  Sessions: 1
Time: 7:00 PM - 9:00 PM       Day:Tues
Tuition: $12
Location: High School - B111

CHEMICAL-FREE LIFESTYLE
Amanda DeAloe

This one night class is an introduction to essential oils within an informal setting. We will be discussing the basics of Young Living Essential Oils and also touching on oils for emotions, oils for children, skincare & even cleaning!

Material fee of $8 paid to instructor

Dates: 10/3/2018  Sessions: 1
Time: 6:00 PM - 9:00 PM  Day:Wed
Tuition: $12
Location: High School - A114 (computers - library)

COUPONING with a SMARTPHONE
Lorie Liptak

Interested in saving money using coupons? Let’s get started with this basic couponing class. Learn tricks for getting groceries, toiletries and drug store items cheaper (even free!) by using traditional paper coupons. The class will cover where to find coupons, stacking coupons, and how to let others find the deals for you! Are you a smart phone user or at least use a computer? I will show you how to use a few simple programs to earn cash back and free gift cards. Join us and start stretching your budget today! Remember...Free tastes good!

Dates: 10/23/2018  Sessions: 1
Time: 7:00 PM - 9:00 PM       Day:Tues
Tuition: $12
Location: High School - B111

“Interested in Gaining School District Experience?”

SUBSTITUTES NEEDED

Teachers – Teaching Assistants – Nurses

Apply through the Substitute Teacher Registry at www.wswheboces.org or call 518-746-3375

Teacher Aide - School Monitors
Please contact Kristina Derlinga k_derlinga@saratogaschools.org or call 518-693-1491
MESSAGES FROM BEYOND

Hillary Kramer

Reunite with your loved ones on the Other Side who guide and comfort your way! In this moving and profound presentation filled with compassion, Hillary will convey intuitive messages that demonstrate there is more to life than what you think. Integrating herclairvoyant gifts with academic credentials, Hillary will offer guidance and inspiration on your life’s important choices. For 35 years, Hillary has offered consultations with accuracy and insight to clients across the country. Info: www.hillarykramermsw.com.

Dates: 9/20/2018 Sessions: 1
Time: 7:00 PM - 8:30 PM Day:Thurs
Tuition: $12
Location: High School - B102

THE SURGEON IS IN: A BRIEF INTRO TO MEDICINE OF THE REVOLUTIONARY ERA

Joe Craig

The “Healing Arts” at the time of the Revolutionary War were uncomfortable, sometimes very painful and scary! Uncertain of their outcome and often ineffectual, still, they were the only options for ill, injured or wounded persons. Discover how healers did the best they could considering patients were stricken with sickness and trauma in the 1700’s!

Dates: 10/17/2018 Sessions: 1
Time: 7:00 PM - 9:00 PM Day:Wed
Tuition: $12
Location: High School - B107

TRASH OR TREASURE?

Mark Lawson

Sponsor of Antique Roadshow since 1997, Mark Lawson has been buying, selling, appraising and auctioning antiques, fine art, estate jewelry, coins, silver, and rare collectibles full time in the Capital Region since 1990. Join Mark for a fun and informative night learning about the current marketplace and discover what your “stuff” is worth. Bring one item for evaluation and discussion and learn several different ways to sell your treasures in the current marketplace. Have an estate to settle? Mark has also helped thousands of families and can help you chart a course forward.

Dates: 9/20/2018-10/18/2018 Sessions: 4
Time: 6:30 PM - 8:00 PM Day:Thurs
Tuition: District Resident - $32.00 each 
Non-Resident - $35.00 each
Location: High School - B105

VISION BOARD PARTY!

Lauren Mascolo

Throw out your 2018 New Year’s Resolutions! Studies show the majority of resolutions are never achieved, UNLESS you create a Vision of what you want for the future. This is a powerful process in clarifying your goals and mapping out your vision into reality whether it be getting in shape, losing weight, considering a new career path, or just to find happiness. Vision Boards are such fun and an enlightening way to scope out your goals using a variety of images, phrases, and words that appeal to you. Learn how to actualize your goals and create a visual tool to attain all you desire! A Materials Fee of $15 is payable to the instructor.

Dates: 10/3/2018 Sessions: 1
Time: 6:00 PM - 8:00 PM Day:Wed
Tuition: $12
Location: High School - D119

YOUR SIGNATURE STYLE

Jill Boyd

Today visibility is the key to success. You have incredible talent and skills to share with the world, but with so many people clamoring and vying for attention, you are not easily recognized. Learn to develop your own style - distinctive and memorable so people will not only see you, but feel you and hear you! Self-promotion can be stress-free when you become excited and at ease with your image. This allows you to project your magnificence on stage and on social media.

Dates: 9/18/2018 Sessions: 1
Time: 6:00 PM - 7:30 PM Day:Tues
Tuition: $12
Location: High School - B103

MAH JONGG - FOR NEW & RETURNING PLAYERS

Barbara Bade

Mah Jongg, The Game of Sparrows, is an ancient Chinese tile game. Mah Jongg is played with a group of 4 people using a set of 152 decorated tiles and a card of standardized hands and rules. Much like Gin Rummy, but a lot more fun! Come with a friend or alone - and learn the game of Mah Jongg, New players and those who just want to brush-up welcome! If you have a Mah Jongg set, you are encouraged to bring it. For any questions, please call Barbara at (518) 584-3495. Purchase of 2018 NMJL card and instruction book available from instructor.Materials fee of $27 for NEW PLAYERS only - Paid to instructor.

Time: 6:30 PM - 8:30 PM Day:Thurs
Tuition: New Player - Resident - $62.00 each 
New Player - Non-Resident - $65.00 each
Returning Player (No discount) - $22.00 each
Senior Citizen - Age 62 & Over - 50% off
Location: High School - Library

WHAT ARE YOUR COINS AND CURRENCY WORTH?

Anthony Swiatek

Do you have any coins and currency in a drawer, storage container or safe deposit box? Are you aware that your proof set valued at $6 and $8 can be worth $13,000 and $200,000 respectively? That’s not a typo! Likewise, your 2000 Sacagawea golden colored dollar could be worth $7500 to $67,000!? Find out what your collection is truly worth. Become aware of how their state of preservation or condition, combined with supply and demand factors, give the aforesaid their real value. Learn how to evaluate those television, radio and newspaper offerings which appear to promise you tremendous rarity, value and future potential - but may offer you a major disappointment after acquisition. Anthony can be reached at uscoinguru@aol.com.

Dates: 9/25/2018-10/2/2018 Sessions: 2
Time: 7:00 PM - 9:00 PM Day:Tues
Tuition: $20
Location: High School - B107

GET YOUR GLAM ON

Patricia Forward

Learn how to use all that makeup and skin care you have in your cosmetic bags and have no idea how to apply! Get some tricks and tips as we work our way to a “New You”! Participants are encouraged to bring their skin care and makeup products. Learn about: Makeup application, skin types, do’s and don’ts, how application changes as we age, determining what colors to use, skin concerns, natural vs dramatic look, drawing eyebrows, and the 5 types of eyes – which one do you have and how do you apply makeup to enhance them? Lots of take-home information for all participants!

CLASS #1

Dates: 10/17/2018 Sessions: 1
Time: 6:00 PM - 9:00 PM Day:Wed
Tuition: $15
Location: High School - D121

CLASS #2

Dates: 11/14/2018 Sessions: 1
Time: 6:00 PM - 9:00 PM Day:Wed
Tuition: $15
Location: High School - D121

ONLINE REGISTRATION

BEGINNS August 25, 2018

The best way to secure your class!
FESTIVE HOLIDAY IDEAS - WREATHS, ARRANGEMENTS, & SWAGS

Suzanne Balet-Haight

Spend an evening with Suzanne Balet-Haight of Balet Flowers & Designs using textures of various greens and berries to create a 10” wreath, swag and small arrangements as decorations for your home for the holiday season or to give as gifts.

Materials fee of $30 payable to the instructor the night of class.

Dates: 11/27/2018
Time: 6:30 PM - 9:30 PM
Tuition: $15
Location: High School - D120

INTRODUCTION TO A PLANT-BASED LIFESTYLE

Ariffa Bevin

Every year the number of individuals transitioning to a vegan and vegetarian lifestyle continues to rise. Restaurants, supermarkets and businesses are taking notice, making this lifestyle much more manageable. So, if you’re thinking about incorporating one of these lifestyles this year, “The Introduction to a Plant-based Lifestyle” class will help you get there! We’ll be discussing meal swaps, myths, the benefits of this lifestyle and more.

Dates: 11/6/2018
Time: 6:00 PM - 7:30 PM
Tuition: $12
Location: High School - B109

GETTING A GRIP ON REALITY THE BREATHTAKING NEW VIEW OF OUR UNIVERSE

David Capano

Cutting edge science is transforming our understanding of reality. We now know that the universe is non-local. This means that objects separated by vast distances can bypass space and time to instantly influence each other and consciousness can shape the present to alter the past. Further, quantum science tells us we may be living in a hologram and black holes are gateways to other realms. Come examine the mind-bending findings of the world’s leading physicists and discuss the new worldview that is emerging.

Dates: 10/9/2018-10/30/2018
Time: 6:30 PM - 8:30 PM
Tuition: Resident - $40.00 each
Non-Resident - $43.00 each
Location: High School - A109 (Distance Learning)

ALZHEIMER’S AND OTHER DEMENTIAS FOR FAMILIES

Maria Geizer

For family members of people who are currently living with early, middle or late stage Alzheimer’s Disease and other dementias. Topics covered will be: Alzheimer’s Disease or other dementias overview, Capturing Life’s Journey, Techniques to Manage Behavior, and Activities to Encourage Engagement. Alzheimer’s affects short-term memory; “Capturing Life’s Journey” taps into long-term memory by gathering stories and experiences, to help family members and other caregivers provide comfort while honoring the person’s past. Home Instead Senior Care’s dementia care training approach acknowledges the progression of the disease and identifies care techniques that allow family members to accommodate a person’s changing behaviors and needs.

Dates: 9/24/2018
Time: 6:30 PM - 8:30 PM
Tuition: $12
Location: High School - B101

FEMALE SELF DEFENSE SEMINAR

Lauren Mascolo

This class is designed to make you more aware, prepared, and ready for any situation that may occur in your everyday life on any given day. How this approach differs from any other, is that you will start from the point of attack. I believe attacks begin before it becomes physical, and I teach how to avoid the attack altogether. This class will be fun and engaging, after all, self defense should not be a scary thing, it should make you feel smarter and stronger. I guarantee you will leave my class immediately feeling empowered and more confident. Comfortable clothing Soft-soled shoes/sneakers.

Dates: 11/1/2018
Time: 6:00 PM - 8:00 PM
Tuition: $12
Location: High School - Cafeteria

PLANT-BASED LIFESTYLE

Ariffa Bevin

For family members of people who are currently living with early, middle or late stage Alzheimer’s Disease and other dementias. Topics covered will be: Alzheimer’s Disease or other dementias overview, Capturing Life’s Journey, Techniques to Manage Behavior, and Activities to Encourage Engagement. Alzheimer’s affects short-term memory; “Capturing Life’s Journey” taps into long-term memory by gathering stories and experiences, to help family members and other caregivers provide comfort while honoring the person’s past. Home Instead Senior Care’s dementia care training approach acknowledges the progression of the disease and identifies care techniques that allow family members to accommodate a person’s changing behaviors and needs.

Dates: 9/24/2018
Time: 6:30 PM - 8:30 PM
Tuition: $12
Location: High School - B101

THE ART OF FENG SHUI LIVING

Rene Nelson

Connect to your intuitive senses. Learn the basics of Feng Shui and Interior Design and how to incorporate these principles into every day living. Creating beautiful spaces in your home or office will enhance all areas of your life. Come and open your world to new beginnings! My experience teaching began at the Venice Art Center in Venice, Florida then relocated to Saratoga Springs teaching in a boutique on Beekman Street in the Art District.

Dates: 10/16/2018-10/23/2018
Time: 6:00 PM - 8:00 PM
Tuition: $20
Location: High School - Library

See what might be new online at https://saratoga.cr3.rschooltoday.com/public/home
HAIRSTYLE TREND HOW TO’S

Diane Palma

Come join me in my special space, “Relief Shared”, and I will teach you how to work effectively with your own tools and products. We will discuss the newest hair trends, hairstyles, color, new tools and products and how to do it yourself in between salon visits.

*Please bring your own tools. LIMITED ENROLLMENT

CLASS #1

Dates: 10/2/2018
Time: 6:00 PM - 9:00 PM
Tuition: $15.00

CLASS #2

Dates: 11/6/2018
Time: 6:00 PM - 9:00 PM
Tuition: $15.00

OFFSITE LOCATION: RELIEF SHARED 3257 RT 9
SUITE 3 SARATOGA SPRINGS NY 12866

INTRODUCTION TO ENERGY FOR HEALTH & HEALING: PRACTICAL TIPS FOR TAKING CHARGE OF YOUR HEALTH

J. Joseph Treiber

Learn why your energy system is so important to your physical, emotional and spiritual health. Gain powerful and practical acupressure tapping techniques that help you feel better by boosting energy level and releasing the energy disruptions blocking good physical and emotional health. Instructor will perform an energy assessment, indicating weaknesses and imbalances that may be contributing to physical or emotional health concerns, as well as demonstrate how energy testing can be used to assess the compatibility of foods and substances with a person’s body.

Dates: 10/1/2018
Time: 6:30 PM - 9:00 PM
Tuition: $15
Location: High School - B103

YIN & RESTORE FOUNDATIONAL YOGA

Tina Fetten

Join Tina for this 5 week series, at Relief Shared in Saratoga Springs, where you explore and learn the benefits of Yin & Restorative Yoga. Each week you will experience the connection of movement, breath, body and mind and how it can benefit your body physically and emotionally. All abilities are welcome in this slow-paced yoga workshop.

LIMITED ENROLLMENT

Dates: 9/24/2018-10/29/2018
Time: 7:00 PM - 8:00 PM
Tuition: District Resident - $27.00 each
Non-Resident - $30.00 each

OFFSITE LOCATION: RELIEF SHARED 3257 RT 9
SUITE 3 SARATOGA SPRINGS NY 12866

PARENTS of ANXIOUS CHILDREN (PAC) INFORMATION & SUPPORT

Karen Dickinson

Parenting a child who suffers from anxiety can be a very challenging role. This class can offer families an opportunity to feel less alone by providing a supportive and confidential setting to openly express their feelings and everyday struggles. Weekly sessions will include opportunities for parents to share their personal stories, read and discuss informational articles on anxiety, and hear from guest speakers who have personal or professional experience with anxiety. Participants must agree to keep all personal information shared, during this informational and support class, confidential to its members.

Dates: 9/18/2018-10/23/2018
Time: 6:00 PM - 7:00 PM
Tuition: Residents - $32.00 each
Non-Residents - $35.00 each
Senior Citizen - Age 62 & Over - 50% off
Location: High School - B109

WHY DATING IS DIFFICULT: MEN & WOMEN FINDING SATISFACTION

Rachel McDermott

In this 7 week class, we will discuss expressing emotion vs. bonding and sharing; variety vs. security; timing of emotional needs. In addition, this is everyone’s favorite topic: the Male brain vs. the Female brain; then on to communication differences; expectations; and techniques to apply for conflict resolution. In the final couple weeks we will discuss finding the “one” vs. living by your values and the five essential features in a dating relationship.

Dates: 9/26/2018-11/7/2018
Time: 6:00 PM - 8:00 PM
Tuition: District Resident - $72.00 each
Non-Resident - $75.00 each
Senior citizens age 62 and over - 50% off
Location: High School - B109

ITALIAN with REMO

Remo Gianfarani

Learn the basics of Italian grammar, pronunciation and conversation. Practice vocabulary for introductions, dining, shopping, traveling, etc. Make your next trip to Italy more rewarding by becoming familiar with the language and culture of the country.

Dates: 9/18/2018-10/30/2018
Time: 7:00 PM - 9:00 PM
Tuition: Resident - $72.00 each
Non-Resident - $75.00 each
Senior Citizen - Age 62 & Over - 50% off
Location: High School - B112

GERMAN BEGINNING TO INTERMEDIATE

Regina Hartmann-Hurwitz

This course emphasizes everyday spoken German and German culture. Learn how to pronounce and read German words and texts. We will also study some grammatical rules. New skills will be applied in conversations as they would occur in everyday situations. Accommodation will be made for both beginning and intermediate level students.

Dates: 9/18/2018-10/30/2018
Time: 7:00 PM - 9:00 PM
Tuition: Resident - $72.00 each
Non-Resident - $75.00 each
Senior Citizen - Age 62 & Over - 50% off
Location: High School - B112

DISTRICT HOME TUTORS NEEDED

Are you a New York State Certified Teacher?

- Flexible Schedule -

Please contact Kristina Oerlinga k_oerlinga@saratogaschools.org or 518-693-1491

SENIOR CITIZENS MUST HAVE DATE OF BIRTH ON FILE
INTERMEDIATE/ADVANCED ITALIAN
Barbara Garbin

Improve your knowledge of the Italian language through movies, readings and discussion. Practice your pronunciation at a higher level, and master your understanding of the past tense. Expand your understanding of the country through its arts, history and literature.

Dates: 9/20/2018-11/15/2018
Time: 6:00 PM - 8:00 PM
Tuition: District Resident - $82.00 each
Non-Residents - $85.00 each
Senior Citizen - Age 62 & Over - 50% off
Location: High School - B112

SPANISH FOR BEGINNERS
Mirna Jaime

Students will start creating short sentences to communicate and learn vocabulary words that will help them express more in depth. You will learn to order food while in a restaurant, sightseeing, while at a market, while visiting friends or relatives abroad. In addition, you will learn vocabulary words to express yourself while there is an emergency.

Dates: 9/18/2018-10/11/2018
Time: 6:00 PM - 8:00 PM
Tuition: District Resident - $72.00 each
Non-Residents - $75.00 each
Senior citizens age 62 and over - 50% off
Location: High School - B111

SPANISH FOR TRAVELERS
Mirna Jaime

This class is targeted for those who want to: Communicate and connect with the local people or during a vacation while traveling to a Spanish-speaking country. You may want to live and work in a Spanish-speaking organization as part of your career.

A Beginners Spanish class is a prerequisite for this class. Mirna is a native from Latin America and has worked with Saratoga County and Capital Region school districts.

Join her and begin to feel comfortable in real-world Spanish conversation.

Dates: 10/16/2018-11/8/2018
Time: 6:00 PM - 8:00 PM
Tuition: District Resident - $82.00 each
Non-Residents - $85.00 each
Senior citizens age 62 and over - 50% off
Location: High School - B107

Understanding of oneself and others is the key that opens the door of love and acceptance of oneself and others.

- Thich Nhat Hanh

DEFENSIVE DRIVING
Michelle Stucchi

This course will award all principle operators of a motor vehicle with a minimum 10% reduction in auto liability, no-fault, and collision insurance premiums each year for a three year period. In addition, those motorists who have incurred violation points on their record will receive up to a four point reduction. The program consists of six hours of classroom instruction focused on highway safety and alcohol education to increase driver awareness and promote safe driving behaviors. Participants will be involved in group discussions, lecture, and viewing videos. Course materials include a student workbook and a certificate upon completion. $30 Lab Fee

Dates: 10/15/2018-10/22/2018
Time: 6:00 PM - 9:00 PM
Tuition: $20
Materials fee of $30 payable to the instructor the night of class.
Location: High School - B118

DEndefensive driving
Michelle Stucchi

This course will award all principle operators of a motor vehicle with a minimum 10% reduction in auto liability, no-fault, and collision insurance premiums each year for a three year period. In addition, those motorists who have incurred violation points on their record will receive up to a four point reduction. The program consists of six hours of classroom instruction focused on highway safety and alcohol education to increase driver awareness and promote safe driving behaviors. Participants will be involved in group discussions, lecture, and viewing videos. Course materials include a student workbook and a certificate upon completion. $30 Lab Fee

Dates: 10/15/2018-10/22/2018
Time: 6:00 PM - 9:00 PM
Tuition: $20
Materials fee of $30 payable to the instructor the night of class.
Location: High School - B118

PUBLIC SERVICE

BIKE REPAIR
Shaun Donegan

Avoid paying for work that you can easily do yourself and become more self-reliant. In 1 NIGHT, gain general knowledge of the ins and outs of bicycles. Learn how to identify parts of a bicycle, identify and use tools for bike repair. We begin with how to perform a pre-ride bike check then move into common repairs and adjustments such as changing a flat tire, tightening/lubing a chain, tightening handlebars, adjusting seat heights, etc. Participants will practice on real bicycles in class.

Dates: 9/18/2018
Time: 6:30 PM - 8:30 PM
Tuition: $12
Location: High School - D120

CLOCK REPAIR I
Peter Elmendorf

Want or need to repair the mechanical works of weight driven and spring driven clocks? Come learn to diagram, disassemble, clean, bush, polish pivots, test, oil and regulate mechanical clocks. There is an additional $25 fee to purchase a mechanical clock movement which will be used in lieu of carting in your own clock and will be repaired over the 8 week session. This same device will also be used for the Clock Repair II class to be held in the Spring of 2019.

Dates: 9/20/2018-11/15/2018
Time: 6:00 PM - 8:00 PM
Tuition: District Resident - $67.00 each
Non-Residents - $70.00 each
Senior Citizen - age 62 & over - 50% off
Materials fee of $25 payable to the instructor the night of class.
Location: High School - Library - Open Lab

CLOCK REPAIR I
Peter Elmendorf

Want or need to repair the mechanical works of weight driven and spring driven clocks? Come learn to diagram, disassemble, clean, bush, polish pivots, test, oil and regulate mechanical clocks. There is an additional $25 fee to purchase a mechanical clock movement which will be used in lieu of carting in your own clock and will be repaired over the 8 week session. This same device will also be used for the Clock Repair II class to be held in the Spring of 2019.

Dates: 9/20/2018-11/15/2018
Time: 6:00 PM - 8:00 PM
Tuition: District Resident - $67.00 each
Non-Residents - $70.00 each
Senior Citizen - age 62 & over - 50% off
Materials fee of $25 payable to the instructor the night of class.
Location: High School - Library - Open Lab

SENIOR CITIZENS MUST HAVE DATE OF BIRTH ON FILE

ONLINE REGISTRATION
www.saratogaschools.org/ceregistration
WOODCRAFT

BEGINNING WOODWORKING

Steven Besler

This class is designed for the beginner woodworker. Each student should come with a project idea based on skill level and personal need. Projects will incorporate a variety of hand and power tools, as well as construction applications. Projects must be transported to and from each class. Wood and fasteners must be purchased by the attendee prior to the second class. A utility cart is now provided by the Continuing Education office. Materials fee of $15

LIMITED ENROLLMENT (10)

Dates: 9/18/2018-10/30/2018   Sessions: 7

Time: 6:30 PM - 9:30 PM

Tuition: Resident - $80.00 each
         Non-Resident - $83.00 each

Location: High School - D123

LATE ADDITION

BOWLING @ STRIKE ZONE

Rich Sheldon

Introduction to the #1 participation sport in the United States. BOWLING. This course covers the fundamentals of bowling skills, strategies and scoring. The course is for beginning and intermediate skill levels.

Materials fee of $30 to be added to the tuition

LIMITED ENROLLMENT

Dates: 9/26/2018-11/14/2018   Sessions: 8

Time: 7:00 PM - 9:00 PM

Tuition: Resident - $50.00 each
         Non-Resident - $53.00 each

Material Fee of $30 to be paid with tuition

OFFSITE LOCATION: Saratoga Strike Zone
32 Ballston Ave, Saratoga Springs, NY 12866

You can’t depend on your judgment when your imagination is out of focus.

-Mark Twain

Victor Liguori  1931 - 2018

For decades Victor dedicated his time and talents to aspiring artists. His love for the arts and his ability to teach with a passion will truely be missed.  

Photo: Legacy.com

SIGN UP TO TEACH A COURSE
www.saratogaschools.org/ceteach2

Thank You to the many security officers that keep our buildings safe, in addition to ensuring this program runs smoothly.
**PAY & PLAY**

Pay & Play is an Adult Education favorite 18 years of age and OLDER

Basketball, Volleyball, Soccer and Power Volleyball are all played at Maple Avenue Middle School

Each sport is played based on rolling enrollment. Bring your competitive edge and $5 and play for the night.

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**THERE IS NO REGISTERING FOR PAY & PLAY**

**POWER VOLLEYBALL FOR MEN AND WOMEN**

Larry St. Pierre

For ALL POWER VOLLEYBALL PLAYERS! The competition in Power Volleyball is equal to or above U.S.V.B.A. class ‘B’ level. To contend in this setting, you must be able to bump, set, spike, serve, dive, block, dig and pass proficiently. Admission to class is contingent on players’ skill level determined by instructor’s discretion. First come, first served.

NOTE: This is a PAY & PLAY course. Payments are due to the instructor at Maple Avenue Middle School the night of the class.

Bring to Class: PAY THE INSTRUCTOR $5

Day: Wednesday

Sessions: 8

Dates: 9/26/2018 - 11/14/2018

Time: 7:30 PM - 9:30 PM

Tuition: $5.00 each class

Location: Maple Avenue MS / Large Gym

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**PAY & PLAY VOLLEYBALL: COED**

Mary Ellen Peek

Join us for semi-weekly pick-up volleyball games for Intermediate (BB/B) level players. Players are welcome at any point in the program. NOTE: This is a PAY & PLAY course. Payments are due to the instructor at Maple Avenue Middle School the night of the class.

Bring to Class: Sneakers / PAY THE INSTRUCTOR $5 EACH CLASS

Day: Tuesday, Thursday

Sessions: 17

Dates: 9/18/2018 - 11/15/2018

Time: 7:30 PM - 9:30 PM

Tuition: $5.00 each class

Location: Maple Avenue MS / Large Gym

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**PAY & PLAY BASKETBALL FOR MEN**

George Russo

Come join us for these pick-up basketball games. Program devoted to physical fitness for all ages.

NOTE: This is a PAY & PLAY course. Payments are due to the instructor at Maple Avenue Middle School the night of the class.

Bring to Class: PAY THE INSTRUCTOR $5 EACH CLASS

Day: Monday, Wednesday

Sessions: 13

Dates: 9/26/2018 - 11/14/2018

Time: 7:30 PM - 9:30 PM

Tuition: $5.00 each class

Location: Maple Avenue MS / New Gym

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**PAY & PLAY INDOOR SOCCER**

Joella Knapp

Indoor soccer provided the opportunity to participate in this popular sport when the weather is bad. Intermediate level of soccer skills required. Participants should be familiar with the game and be in good physical condition. We must have a minimum of 15 players (male or female) to run the program for the night. NOTE: this is a Pay & Play course and a $5 payment is due to the instructor the night of each class.

Bring to Class: PAY THE INSTRUCTOR $5 EACH CLASS

Day: Monday, Thursday

Sessions: 14

Dates: 9/27/2018 - 11/19/2018

Time: 7:30 PM - 9:30 PM

Tuition: $5.00 each class

Location: Maple Ave. MS / Large & New Gym

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**OFFICE OF CONTINUING EDUCATION**

EMAIL: www.continuing_education@saratogaschools.org

PHONE: (518) 583-4782
SARATOGA SPRINGS CITY SCHOOL DISTRICT CONTINUING EDUCATION
FALL 2018 -REGISTRATION FORM  PLEASE PRINT LEGIBLE.

FYI: ONLINE registration is the most reliable method of securing your seat in a course.

NAME: ___________________________ Last Name  First Name  *E-mail Address (mandatory)
ADDRESS: ___________________________ Street  City  Zip Code  PHONE: ___________________________

COURSE NAME(1): ___________________________
DATE(S): ___________________________ TIME: ___________________________ TUITION: ___________________________

COURSE NAME(2): ___________________________
DATE(S): ___________________________ TIME: ___________________________ TUITION: ___________________________

COURSE NAME(3): ___________________________
DATE(S): ___________________________ TIME: ___________________________ TUITION: ___________________________

CHECK # ___________________________ TOTAL PAYMENT: $ ___________________________

Please Check the Appropriate Box(s):
☐ Resident of Saratoga Springs City School District  ☐ Non-Resident  ☐ Senior Citizen (age 62 & over) DOB: ______/____/_______
Senior citizens must enter their birth date for verification of senior discount.

*Make Checks payable to BOARD OF EDUCATION

GENERAL WAIVER OF LIABILITY: By signing this release, I understand that the Saratoga Springs City School District will not be held responsible for injury to person or loss of/damage to property.

Signature: ___________________________ Date: ___________________________
Parent Signature: ___________________________ (For student under 18 years of age

ONLINE REGISTRATION AVAILABLE THROUGH: www.saratogaschools.org/ceregistration
Parent University

The Saratoga Springs City School District continues its community-focused mission of supporting our families and community members through Parent University, a series of free, informative programs. Parent University recognizes that behind each successful student are supportive families, teachers, school staff and community members who actively participate in a student’s education. No matter what role you play in our school community, Parent University encourages involvement and participation in the education of our community’s students.

Programs are generally designed with parenting adults in mind, but teens may also benefit from attending certain sessions. Community members, district staff and teachers are also welcome at all events.

2019 Fall/Winter Schedule

Tuesday, October 2: Let’s Get Organized by Building Better Futures – Jennifer Bashant. This program will be held at Maple Ave Middle School Library at 6:30 PM.

Tuesday, October 30: Supporting Students with Gender Identity presented by James Shultis. This program will be held at Maple Ave Middle School LGI at 6:30 PM.

Wednesday, November 7: Right Under your Nose by the Prevention Council. This program will be held at the Saratoga Springs Public Library at 6:30 PM.

Wednesday, November 15: Teenage Sexuality: Tips for Raising Healthy Teens in a Complicated Digital World presented by Upwell. This program will be held at Maple Ave Middle School LGI at 6:30 PM.

Tuesday, December 4: Can We Talk? presented by Andrew Feeney, LMHC-LP ECS Psychological Services. This program will be held at Maple Ave Middle School LGI at 6:30 PM.

Tuesday, January 15: More Than Sad presented by the American Foundation for Suicide Prevention – Laura Marx. This program will be held at Maple Ave Middle School LGI at 6:30 PM.

Wednesday, January 30: Screenagers (snow date of the 31st) presented by SSCSD. This program will be held at Maple Ave Middle School (room TBD) at 6:30 PM.

For more information see The Saratoga Springs City School District Website/Community/Parent University Events/Parent University Programs