

Parenting Collection

PAR 004.69 Magid, Lawrence J.

MySpace unraveled: a parent's guide to teen social networking from the directors of BlogSafety.com / Larry Magid and Anne Collier.

To help you understand MySpace, the authors step you through how to set up and personalize a MySpace account and how to manage an online social life. Then they look at how young people are changing the Internet and how to guide them as they navigate the social Web.

PAR 028.5 Kno Knowles, Elizabeth, 1946-

Reading rules!: motivating teens to read / Elizabeth Knowles, Martha Smith.

Describes a variety of motivational techniques designed to encourage young teens to read, including reading workshops, literature circles, book clubs, book talks, and interdisciplinary and thematic units.

PAR 152.4 Boc Bocchino, Rob.

Emotional literacy: to be a different kind of smart / Rob Bocchino.

Presents an introduction to emotional literacy, explaining what it is and how it differs from emotional intelligence, and offers advice to educators on how to teach the skills of emotional literacy to their students.

PAR 152.4 Gol Goleman, Daniel.

Emotional intelligence / Daniel Goleman.

Discusses how much influence a person's "emotional intelligence" has on their ability to succeed in their personal life and their career.

PAR 152.47 Kel Kellner, Millicent H.

Staying in control: anger management skills for parents of young adolescents / Millicent H. Kellner.

Presents information on how to control and prevent anger in teens, with specific exercises and step-by-step logs that help to identify anger triggers and anger provoking situations.

PAR 153.9 Arm Armstrong, Thomas.

7 kinds of smart: identifying and developing your multiple intelligences / Thomas Armstrong.

Presents an overview of the research that suggests the presence of at least seven primary intelligences in the human mind; features individual discussion of each of these areas; and discusses how individuals can develop their personal strengths.

PAR 155.4 Hel Rapee, Ronald M.

Helping your anxious child: a step-by-step guide for parents / Ronald M. Rapee...[et al.].

Contains a step-by-step guide for parents in helping their children deal with the problems associated with anxiety, including case studies, reality testing, and understanding the importance of social skills and assertiveness.

PAR 155.9 Res King, Gillian A., 1953-

Resilience: learning from people with disabilities and the turning points in their lives / edited by Gillian A. King, Elizabeth G. Brown, et al.

A collection of essays that describe the turning points and critical experiences in the lives of people with disabilities, that have taught them the true meaning of resilience and adaptation.

PAR 248.8 Gre Gregston, Mark, 1955-

When your teen is struggling / Mark Gregston [foreword by Joe White].

Offers parents practical advice on how they can help their troubled teens work through their pain and learn to accept and enjoy the life God has intended them to live.

Parenting Collection

PAR 259 Col Collies, Robert M.

Obsessive-compulsive disorder: a guide for family, friends, and pastors / Robert Collie.

Offers friends and family of people suffering with obsessive-compulsive disorder an overview of the disease and practical advice on how they can help their loved one deal with the disease.

PAR 302.5 Sim Simmons, Rachel, 1966-

Odd girl out: the hidden culture of aggression in girls / Rachel Simmons.

Explores the issues surrounding aggression in girls, discussing why the signs of aggression are harder to recognize in girls than boys, how parents can help their daughters deal with aggression, and the negative impact aggression can have on teenage girls.

PAR 303.6 Gar Garbarino, James.

Lost boys: why our sons turn violent and how we can save them / James Garbarino.

A study of youth violence, drawing upon twenty-five years as a psychologist to examine the reasons why young men and boys have become increasingly vulnerable to violent crime, and proposing strategies to prevent youth violence, and to rehabilitate young violent offenders.

PAR 305.2 Elk Elkind, David, 1931-

All grown up and no place to go: teenagers in crisis / David Elkind.

Looks at some of the enduring developmental aspects of adolescence; examines the ways in which postmodern social and institutional changes have blurred the lines between adolescence and adulthood; and discusses the resulting pressures that have been placed on today's teenagers.

PAR 305.2 Phe Phelan, Thomas W., 1943-

Surviving your adolescents / Thomas W. Phelan.

A guide for parents of teenagers from age thirteen to eighteen, providing step-by-step advice on how to handle the complex situations and dilemmas that teenagers sometimes present.

PAR 305.23 Gur Gurian, Michael.

A fine young man: what parents, mentors, and educators can do to shape adolescent boys into exceptional men / Michael Gurian.

Discusses the different strategies that can be used to help boys ages ten to twenty learn how to respect others and overcome the obstacles they often encounter during those years.

PAR 305.23 Gurian, Michael.

The wonder of girls: understanding the hidden nature of our daughters / Michael Gurian.

Describes girls' biological and psychological development from birth to age twenty and explains how parents can help daughters build self-esteem, cope with their emotions, and deal with such problems as divorce, eating disorders, and others.

PAR 305.23 Kin Kindlon, Daniel J. (Daniel James), 1953-

Raising Cain: protecting the emotional life of boys / Dan Kindlon, Michael Thompson with Teresa Barker.

Offers insight into the behaviors and feelings of boys, examining the question of what boys need to become emotionally whole men, and arguing that American culture is forcing boys into lives of isolation, shame, and anger by suppressing their emotional lives.

PAR 305.23 Ore Orenstein, Peggy.

Schoolgirls: young women, self-esteem, and the confidence gap / Peggy Orenstein in association with the American Association of University Women.

Discusses why many American girls fall into the traditional patterns of low self-image and self-censorship.

Parenting Collection

PAR 305.23 Pip Pipher, Mary Bray.

Reviving Ophelia: saving the selves of adolescent girls / Mary Pipher.

Looks at the problems and pressures facing adolescent girls, and suggests how to help them develop into self-assured young adults.

PAR 305.23 Pol Pollack, William S.

Real boys' voices / William S. Pollack with Todd Shuster.

Young boys speak out about a variety of topics that affect their lives, including drugs, sex, violence, bullying, sports, school, and other related topics.

PAR 305.235 Car Greydanus, Donald E.

Caring for your teenager: the complete and authoritative guide / editor-in-chief, Donald E. Greydanus; writer, Philip Bashe.

Offers advice to parents on how to promote positive physical, emotional, cognitive, and psychological growth in the teenagers, covering physical development, family crises, school issues, sexuality, emotional and behavioral problems, medical issues, and more.

PAR 305.235 Csi Csikszentmihalyi, Mihaly.

Becoming adult: how teenagers prepare for the world of work / Mihaly Csikszentmihalyi and Barbara Schneider.

Examines a five-year psychological and sociological study of teenagers in the workforce, discussing their attitudes toward and performances at work and school, and the effects of these factors on their lives after graduation.

PAR 305.235 Her Hersch, Patricia.

A tribe apart: a journey into the heart of American adolescence / Patricia Hersch.

Follows eight adolescents over the course of several years in an attempt to find out what it is really like to be a teenager in the 1990s, exploring the world of school, and discussing the individual issues each young person was dealing with.

PAR 305.235 Kel Kelsey, Candice M.

Generation MySpace: helping your teen survive online adolescence / Candice M. Kelsey.

Presents a comprehensive guide to understanding the technology, dangers, and social networking of MySpace.com; and offers advice to parents on how to monitor their teen's Internet activity and the things to watch out for.

PAR 305.235 Max Maxym, Carol.

Teens in turmoil: a path to change for parents, adolescents, and their families / Carol Maxym and Leslie York.

Examines teen culture both inside and outside of the home; tells the stories of families who have become involved in downward spirals; offers advice on how parents can take positive steps on behalf of their teens and themselves.

PAR 305.235 Ric Richardson, Brenda Lane, 1948-

101 ways to help your daughter love her body / Brenda Lane Richardson and Elane Rehr.

Provides parents with advice on how they can help encourage a positive self-image in their daughters.

PAR 305.235 Rim Rimm, Sylvia B., 1935-

See Jane win for girls: a smart girl's guide to success / Sylvia Rimm.

Presents tips, quizzes, activities, and words of wisdom from successful women for girls trying to make positive changes and choices in all areas of their lives and develop confidence, inner strength, and the desire to learn.

Parenting Collection

PAR 305.235 Sch Schaefer, Charles E.

How to talk to teens about really important things: specific questions and answers and useful things to say / Charles E. Schaefer,

A guide to talking to teenagers about difficult issues.

PAR 305.235 Sha Shaffer, Susan Morris.

Why boys don't talk--and why it matters: a parent's survival guide to connecting with your teen / Susan Morris Shaffer & Linda Perlman

Offers parents practical advice for raising teenage sons and provides tips on understanding why boys often hide behind a wall of silence, recognizing ways to communicate, and maintaining strong bonds.

PAR 305.235 Sha Shandler, Sara.

Ophelia speaks: adolescent girls write about their search for self / Sara Shandler.

A collection of writings by girls of various races, religions, and socioeconomic backgrounds, ages twelve to eighteen, in which they discuss a wide range of topics relevant to their lives, including body image, boys, politics, parents, school, sex, and more.

PAR 305.235 Ste Stepp, Laura Sessions.

Our last best shot: guiding our children through early adolescence / Laura Sessions Stepp.

Offers parents of ten- to fifteen-year-olds advice on how to cope with the changing moods and attitudes of early adolescence.

PAR 305.8 Tat Tatum, Beverly Daniel.

"Why are all the Black kids sitting together in the cafeteria?": and other conversations about race / Beverly Daniel Tatum.

Examines racial identity, revealing the source of some of the racial and ethnic stereotypes adolescents are exposed to; discussing reasons why African-Americans, Latinos, Asians, Native Americans, and other racial groups often feel the need to group together.

PAR 306.73 Lev Levy, Barrie.

What parents need to know about dating violence / Barrie Levy and Patricia Occhiuzzo Giggans.

Offers information to parents of teens about dating violence, describing what it is, explaining the warning signs of violent relationships, discussing the effects of dating violence on teens and their families, and including guidelines for addressing the issue with teens.

PAR 306.874 Apt Apter, T. E.

You don't really know me: why mothers & daughters fight and how both can win / Terri Apter.

Presents the research of fifty-nine case studies on mother-daughter relationships and shows the frustrations of both generations, offers guidelines for dealing with and diffusing arguments, and suggests strategies for listening to teenage daughters.

PAR 306.874 Apt Apter, T. E.

The myth of maturity: what teenagers need from parents to become adults / Terri Apter.

Explains why teenagers need both practical and emotional support from their parents in order to become happy, well-adjusted adults.

PAR 306.874 Lar Lara, Adair.

Hold me close, let me go: a mother, a daughter, and an adolescence survived / Adair Lara.

"San Francisco Chronicle" columnist Adair Lara recounts her attempts to juggle love and discipline during her daughter Morgan's teen years while coping with the return of her own absent father, discussing Morgan's drug use and other rebellious acts.

Parenting Collection

PAR 306.874 McG McGraw, Jay.

Closing the gap: a strategy for bringing parents and teens together / Jay McGraw.

Explains how parents and teenagers can work together to overcome the issues that divide them, and, in the process, rediscover the love that initially defined their relationship.

PAR 306.874 Rie Riera, Michael.

Staying connected to your teenager: how to keep them talking to you and how to hear what they're really saying / Michael Riera.

Explains a variety of strategies parents can use to improve their relationships with their children and improve how they communicate and relate with their teens.

PAR 306.874 Sha Shaffer, Susan Morris.

Why girls talk-- and what they're really saying: a parent's survival guide to connecting with your teen / Susan Morris Shaffer and Linda Perlman Gordon.

Offers parents practical advice for raising teenage daughters and provides tips on understanding what teens are really thinking and feeling and keeping the lines of communication open.

PAR 306.874 Sha Shandler, Nina.

Ophelia's mom: loving and letting go of your adolescent daughter / Nina Shandler; foreword by Sara Shandler.

Mothers of adolescent girls speak out about how the changes in their daughters' lives have affected their own.

PAR 306.874 Tee Frick, Lisa.

Teenage pregnancy and parenting / Lisa Frick, book editor.

Contains twenty-six articles that provide opposing viewpoints on issues related to teen pregnancy and parenting, addressing questions about whether teen pregnancy is a serious problem, what factors contribute to teen pregnancy, etc.

PAR 306.874 Wol Wolf, Anthony E.

"Get out of my life, but first could you drive me and Cheryl to the mall?": a parent's guide to the new teenager / Anthony E. Wolf.

Presents advice on raising adolescents, covering communication, trust, control, conflict, and such issues as divorce, school, the Internet, sex, drugs and drinking, and suicide.

PAR 332.024 God Godfrey, Neale S.

Money still doesn't grow on trees: a parent's guide to raising financially responsible teenagers and young adults / Neale S. Godfrey

Provides parents with tips and advice to help them teach their children financial responsibility.

PAR 362.1 Vie Meyer, Donald J. (Donald Joseph), 1951-

Views from our shoes: growing up with a brother or sister with special needs / edited by Donald Meyer; illustrated by Cary Pillo.

A collection of essays in which siblings share their experiences as the brother or sister of someone with a disability. Children between the ages of four and eighteen relate the good and bad things about having a sibling with a special need.

PAR 362.28 Por Portner, Jessica, 1964-

One in thirteen: the silent epidemic of teen suicide / Jessica Portner; foreword by William S. Pollack.

A study of teen suicide, examining the scope of the problem, the reasons why teenagers commit suicide, how they choose to die, and the differences in suicide rates among boys and girls, and African-Americans, whites, and Latinos.

Parenting Collection

PAR 362.29 Cer Cermak, Timmen L.

Marijuana: what's a parent to believe? / Timmen L. Cermak.

Offers parents facts and advice to help them sort through the latest research, known risks, and divergent perspectives on marijuana use and help their children make the right choices.

PAR 362.29 Hyd Hyde, Margaret O. (Margaret Oldroyd), 1917-

Drugs 101: an overview for teens / Margaret O. Hyde and John F. Setaro.

An overview of drugs and drug abuse, including a review of the intoxicating and health effects of drugs, starting and stopping using addictive drugs, and the war on drugs and the debate over legalization.

PAR 362.29 Ket Ketcham, Katherine, 1949-

Teens under the influence: the truth about kids, alcohol, and other drugs--how to recognize the problem and what to do about it / Katherine Ketcham and Nicholas A. Pace.

Explores adolescent alcohol and drug use that addresses the immediate dangers that threaten kids, explains the short- and long-term effects of their addictions, and offers parents solid, sensitive, and practical advice to combat drug and alcohol use.

PAR 362.292 Ala Alagna, Magdalena.

Everything you need to know about the dangers of binge drinking / Magdalena Alagna.

Provides information for young people about the dangers of binge drinking, explaining what it is, the risks and consequences involved, the particular vulnerabilities of women who drink too much or who are around men who have had too much to drink, and more.

PAR 362.292 Gre Greenleaf, Victoria C. G., 1927-

Fighting the good fight: one family's struggle against adolescent alcoholism / Victoria C.G. Greenleaf.

Examines the problem of adolescent alcoholism and its devastating effects on parents and families through the personal experiences of one family.

PAR 362.88 San Sanders, Susan M. (Susan Mary), 1951-

Teen dating violence: the invisible peril / Susan M. Sanders.

Uses survey and interview data from approximately five hundred female high school juniors to measure the incidence of dating violence among teenage females and describes the physical, emotional, and sexual abuse teenage women experience while dating.

PAR 370.15 Edu Cohen, Jonathan, 1952-

Educating minds and hearts: social emotional learning and the passage into adolescence / edited by Jonathan Cohen; foreword by Howard Gardner.

Examines several aspects of social and emotional learning in middle and late childhood, as well as ways of utilizing and developing these intelligences in schools.

PAR 371.5 Gar Garbarino, James.

And words can hurt forever: how to protect adolescents from bullying, harassment, and emotional violence / James Garbarino and Ellen deLara.

Explores how emotional violence in the classroom and on the playground can affect a child's self esteem and learning abilities and offers strategies designed to help protect children from bullying and harassment.

PAR 371.5 Hei Heinrichs, Rebekah.

Perfect targets: Asperger syndrome and bullying: practical solutions for surviving the social world / Rebekah Heinrichs; with foreword by Brenda Smith Myles.

Offers parents of children with Asperger syndrome and the teachers and administrators who work with them advice on how to protect the children from bullies in the school environment.

Parenting Collection

PAR 371.9 Kra Kravets, Marybeth.

The K & W guide to colleges for students with learning disabilities or attention deficit hyperactivity disorder / Marybeth Kravets and Imy F. Wax.

Profiles more than 356 colleges in the United States and Canada with programs for students with learning disabilities or attention-deficit/hyperactivity disorder; providing details on tutoring, remediation, summer programs, unique aids and services, and more.

PAR 371.9 Paq Paquette, Penny Hutchins.

Learning disabilities: the ultimate teen guide / Penny Hutchins Paquette, Cheryl Gerson Tuttle.

Provides an overview of learning disabilities, explains why they occur, describes the effects of a variety of learning disabilities, and offers advice to teens on how to identify, understand, and overcome the obstacles posed by learning disabilities.

PAR 371.9 Pet Peterson's (Firm: 2006-)

Peterson's colleges for students with learning disabilities or AD/HD.

Profiles colleges in the U.S. and Canada with programs for students with learning disabilities or attention deficit disorder, providing details on tutoring, remediation, summer programs, and unique aids and services along with application tips.

PAR 371.9 Str Strichart, Stephen S.

Teaching learning strategies and study skills to students with learning disabilities, attention deficit disorders, or special needs / Stephen S. Strichart and Charles T. Magrum II.

Presents learning strategies and activities designed to help students with special needs improve their study skills. Includes more than 150 reproducible activity sheets to promote learning and a trial version of the 3S-SE Assessment program.

PAR 371.92 Asp Baker, Linda J.

Asperger's syndrome: intervening in schools, clinics, and communities / edited by Linda J. Baker, Lawrence A. Welkowitz.

Presents twelve articles by psychologists, special educators, an occupational therapist, a lawyer, and others on Asperger's syndrome research and methods of helping children and adults with Asperger's adapt to schools, organizations, and more.

PAR 371.92 Min Minskoff, Esther H. (Esther Hirsch)

Academic success strategies for adolescents with learning disabilities and ADHD / by Esther Minskoff and David Allsopp.

Describes a five-step model education professionals may use to help students with learning disabilities and attention deficit disorder improve their skills in reading, writing, math, organization, advanced thinking, test taking, note taking, and more.

PAR 371.92 Smi Smith, Corinne Roth.

Learning disabilities: A to Z: a parent's complete guide to learning disabilities from preschool to adulthood / Corinne Smith, Lisa Strick.

Presents information on the causes and types of learning disabilities, discusses ways to identify them, and considers appropriate education options.

PAR 371.92 Zei Zeigler Dendy, Chris A.

Teaching teens with ADD and ADHD: a quick reference guide for teachers and parents / [Chris A. Zeigler Dendy].

Contains a comprehensive reference guide for teaching teens with ADD and ADHD and offers practical strategies, organizational tools and seventy-five summaries related to attention deficit disorders.

Parenting Collection

PAR 371.93 Gre Greenbaum, Judith.

Helping adolescents with ADHD & learning disabilities: ready-to-use tips, techniques, and checklists for school success / Judith Greenbaum & Geraldine Markel.

Contains a comprehensive guide for helping students develop the skills necessary to succeed emotionally, academically, and socially and offers strategies and tools in working with ADHD and other learning disabilities.

PAR 371.94 ADD Quinn, Patricia O.

ADD and the college student: a guide for high school and college students with attention deficit disorder / edited by Patricia O. Quinn.

Provides information about Attention Deficit Disorder, focusing on its impact on different populations; and discusses ADD issues and management for high school students who are making the transition to college.

PAR 371.94 Rie Rief, Sandra F.

The ADHD book of lists: a practical guide for helping children and teens with attention deficit disorders / Sandra F. Rief ; illustrated by Ariel Rief.

Presents over one hundred informational lists on attention deficit/hyperactivity disorder, covering diagnosis and treatment, management of behavior problems, instructional strategies, homework, and other related topics.

PAR 378.1 Cob Coburn, Karen Levin, 1941-

Letting go: a parents' guide to understanding the college years / Karen Levin Coburn and Madge Lawrence Treeger.

Provides parents with an explanation of the separation process that college-age children go through on their way to healthy independence, and presents a chronological discussion of each stage of that process, from senior year in high school to college graduation.

PAR 378.1 Gui Charbonneau, Danielle.

The guide to getting in: winning the college admissions game without losing your mind / Danielle Charbonneau, editor; Adrienne Cohen, associate editor.

A guide to getting into college that explains how students can clean up their high school image, capitalize their strengths, choose the right college, make their personal essays stand out, and finance their education.

PAR 378.1 Jon Jones, Marilee.

Less stress, more success: a new approach to guiding your teen through college admissions and beyond / by Marilee Jones and Kenneth R. Ginsburg.

Presents a series of strategies for helping teens through the college application process and minimizing the stress normally associated with it.

PAR 378.1 Kas Kastner, Laura Scribner.

The launching years: strategies for parenting from senior year to college life / Laura S. Kastner and Jennifer Wyatt.

Provides parents with tips and advice designed to help them successfully guide their children from their senior year of high school through the beginning years of college, discussing some of the most common challenges teens face during that period.

PAR 378.1 Woo Woodacre, Margo E. Bane.

I'll miss you too: a parent and student guide to opening doors and staying connected during the college years / Margo E. Bane Woodacre and Stephanie Bane.

Offers both parents and teens advice on how to make the transition from high school to college smooth for both, describing the joys and challenges of college and offering practical tips for keeping connected through the college years.

Parenting Collection

PAR 419 Bah Bahan, Benjamin J.

Signs for me: basic sign vocabulary for children, parents & teachers / Ben Bahan & Joe Dannis.

An introduction to American Sign Language, illustrating the handshapes for more than 250 vocabulary words, including nouns, verbs, adjectives, pronouns, numbers, and letters, each with a picture and the English word.

PAR 580 Bur Burns, Monique.

Cool careers without college for people who love to make things grow / Monique Burns.

Profiles twelve careers related to horticulture and agriculture that do not require college, from farm crop production technician and agricultural aviation pilot to horticultural writer and botanical artist, covering duties, recommended high school courses, training, salary, and outlook.

PAR 613 Gol Goldstein, Mark A. (Mark Allan), 1947-

Boys into men: staying healthy through the teen years / Mark A. Goldstein and Myrna Chandler Goldstein.

Describes the most common ailments of adolescent boys and explains how they can be treated and prevented.

PAR 613 Smi Smith, M. J. (Margaret Jane), 1955-

The smart student's guide to healthy living: how to survive stress, late nights & the college cafeteria / M.J. Smith, Fred Smith.

Offers college students practical advice on how they can stay healthy in the hectic college environment, with tips on getting enough sleep, eating healthy, exercising, and avoiding major stresses.

PAR 613.9 Lan Lange, Donna.

Taking responsibility: a teen's guide to contraception and pregnancy / by Donna Lange.

Presents a comprehensive guide for teens on contraception and pregnancy and discusses the real-life situations and consequences teens face when making choices about sex.

PAR 616.3 Kel Kelly, Evelyn B.

Obesity / Evelyn B. Kelly.

Examines a wide range of medical, scientific, legal, and cultural issues related to obesity in the United States.

PAR 616.85 Ber Berg, Frances M.

Children and teens afraid to eat: helping youth in today's weight-obsessed world / Frances M. Berg; edited by Kendra Rosencrans.

Examines six major eating and weight problems suffered by children and teenagers, including dysfunctional eating, undernutrition, hazardous weight loss, eating disorders, size prejudice, and overweight; and discusses the Health at Any Size paradigm.

PAR 616.85 Chi Stoddart, Kevin P., 1962-

Children, youth and adults with Asperger Syndrome: integrating multiple perspectives / edited by Kevin P. Stoddart.

Presents a collection of essays that offers clinical, research, and personal perspectives on Asperger Syndrome, and covers such topics as the overlapping symptoms with Tourettes, medication, and meeting educational needs of the student with the disease.

PAR 616.85 Cos Costin, Carolyn.

Your dieting daughter: is she dying for attention? / Carolyn Costin.

A guide to helping children with eating disorders, with discussion of today's most popular diet programs, an appendix with nutritional guidelines, and personal letters and journals from daughters and parents.

Parenting Collection

PAR 616.85 Dow Cohen, William I.

Down syndrome: visions for the 21st century / edited by William I. Cohen, Lynn Nadel, Myra E. Madnick.

Offers a comprehensive overview of the many issues of self-determination, education, and advocacy for children affected by Down Syndrome at the dawn of the twenty-first century.

PAR 616.85 Emp Empfield, Maureen.

Understanding teenage depression: a guide to diagnosis, treatment, and management / Maureen Empfield and Nicholas Bakalar.

A guide to dealing with and understanding teenage depression that provides information on its symptoms, diagnosis, treatment, and management.

PAR 616.85 Fri Friedel, Robert O.

Borderline personality disorder demystified: an essential guide for understanding and living with BPD / Robert O. Friedel; foreword by Perry D. Hoffman, Dixianne Penney, and Patricia Woodward.

Provides guidance for individuals with borderline personality disorder and their loved ones, covering diagnosis, causes, co-occurring disorders, medications, psychotherapies, and the disorder in children, and includes a resource list.

PAR 616.85 Gar Garber, Stephen W., 1946-

Beyond Ritalin: facts about medication and other strategies for helping children, adolescents, and adults with attention deficit disorders / Stephen W. Garber, Marianne Daniels Garber, Robyn Freedman Spizman.

Study of attention deficit hyperactivity disorder and its treatment with the drug Ritalin, discussing exactly what Ritalin can and cannot do for children, adolescents, and adults who suffer from ADHD, and looking at alternatives for controlling the disorder.

PAR 616.85 Hal Hallowell, Edward M.

Answers to distraction / Edward M. Hallowell and John J. Ratey.

Question and answer format discussing attention-deficit disorder, covering both children and adults, and offering management tips.

PAR 616.85 Hal Hallowell, Edward M.

Driven to distraction: recognizing and coping with attention deficit disorder from childhood through adulthood / Edward M. Hallowell and John J. Ratey.

Describes the symptoms and effects of attention-deficit disorder through the stories of individual patients and describes methods for diagnosis and treatment.

PAR 616.85 Hym Hyman, Bruce M.

Obsessive-compulsive disorder / Bruce M. Hyman and Cherry Pedrick.

Examines the anxiety disorder known as OCD, its symptoms and manifestations, how it can be controlled and treated, and, through case studies, what it is like to live with obsessive-compulsive disorder.

PAR 616.85 Irw Irwin, Cait.

Monochrome days: a firsthand account of one teenager's experience with depression / Cait Irwin with Dwight L. Evans and Linda Wasmer.

Explores the causes, treatment, and management of adolescent depression; and offers tips on dealing with the disorder both at school and at home.

Parenting Collection

PAR 616.85 Kau Kaufman, Miriam.

Overcoming teen depression: a guide for parents / Miriam Kaufman.

Provides parents with an overview of teen depression and offers information on what depression is, how it is diagnosed, what can be done to help teens suffering from depression, and how it can affect families.

PAR 616.85 Mon Monastra, Vincent J.

Parenting children with ADHD: 10 lessons that medicine cannot teach / Vincent J. Monastra.

Presents parents of children with ADHD with ten lessons that can be used to create a successful program for coping with the challenges associated with ADHD.

PAR 616.85 Mon Mondimore, Francis Mark, 1953-

Adolescent depression: a guide for parents / Francis Mark Mondimore.

Presents information for parents on depression in adolescents, covering symptoms, syndromes, diagnosis, the DSM, medications, psychotherapy, causes, related disorders, the role of the family, and planning for emergencies. Includes an annotated resource list.

PAR 616.85 Mos Moskovitz, Richard A.

Lost in the mirror: an inside look at borderline personality disorder / Richard A. Moskovitz.

Investigation into the psychological illness of borderline personality disorder, discussing its symptoms, causes, and options for treatment.

PAR 616.85 Ore Orenstein, Myrna.

Smart but stuck: emotional aspects of learning disabilities and imprisoned intelligence / Myrna Orenstein.

Explores new research about imprisoned intelligence and the emotional consequences of learning disabilities and offers advice on understanding the causes and result of imprisoned intelligence, detecting and diagnosing learning disabilities.

PAR 616.85 Pal Palmer, Ann, 1955-

Realizing the college dream with autism or Asperger syndrome: a parent's guide to student success / Ann Palmer.

A comprehensive guide to college preparation, selection, and success for students with autism or Asperger Syndrome that addresses the unique challenges these students face in the college environment.

PAR 616.85 Pue Pueschel, Siegfried M.

A parent's guide to Down syndrome: toward a brighter future / by Siegfried M. Pueschel, with invited contributors.

Contains a parent's guide to raising a child with Down Syndrome, including information on the causes of Down's, health care, and cognitive and social development throughout the various stages of the child's life.

PAR 616.85 Rap Rapoport, Judith L., 1933-

The boy who couldn't stop washing: the experience & treatment of obsessive-compulsive disorder / Judith L. Rapoport.

Examines the symptoms and treatment of obsessive-compulsive disorders.

Parenting Collection

PAR 616.85 Sic Sicile-Kira, Chantal.

Autism spectrum disorders: the complete guide to understanding autism, Asperger's syndrome, pervasive developmental disorder, and other ASDs. / Chantal Sicile-Kira.

Describes the causes, symptoms, and treatments of autism, pervasive developmental disorder (PDD), and Asperger's syndrome, and discusses family life, education, community life, and living and working with the disorders as adults.

PAR 616.85 Wen Wender, Paul H., 1934-

ADHD: attention-deficit hyperactivity disorder in children and adults / Paul H. Wender.

A guide to attention-deficit hyperactivity disorder that explains how it is diagnosed, what causes it, how it can be treated, and where to find help.

PAR 616.86 Alc Shannon, Joyce Brennfleck.

Alcohol information for teens: health tips about alcohol and alcoholism / edited by Joyce Brennfleck Shannon.

Presents a comprehensive study that addresses the correlation between teen drinking and automobile accidents and crime, and shows how peer pressure, family problems, and stress impact the decision to consume alcohol.

PAR 616.86 Vol Volkmann, Chris.

From binge to blackout: a mother and son struggle with teen drinking / Chris Volkmann and Toren Volkmann; foreword by Cardwell C. Nuckols.

A mother and son describe the son's transformation into an alcoholic over the course of his college years, discussing their denial as the problem grew and chronicling their family's struggle.

PAR 616.89 Aut Frith, Uta.

Autism and Asperger syndrome / edited by Uta Frith.

Presents an English translation of Hans Asperger's paper in which he first described the syndrome that now bears his name; and features essays by major experts in the field in which they discuss Asperger syndrome as a form of autism.

PAR 616.89 Mik Miklowitz, David Jay, 1957-

The bipolar disorder survival guide: what you and your family need to know / David J. Miklowitz.

A guide to dealing with bipolar disorder that provides information on early warning signs, common emotional fluctuations, working with doctors to find the right medication and therapy, and more.

PAR 616.89 Str Strauch, Barbara.

The primal teen: what the new discoveries about the teenage brain tell us about our kids / Barbara Strauch.

Discusses research on the restructuring processes the human brain undergoes during the teen years and examines potential links between this "rewiring" and teenagers' behavior and mood swings.

PAR 616.97 All Bellenir, Karen.

Allergy information for teens: health tips about allergic reactions such as anaphylaxis, respiratory problems, and rashes, including facts about identifying and managing allergies to food, pollen, mold, animals, chemicals, drugs, and other substances. / edited by Karen Bellenir.

Provides basic consumer health information for teens on allergies, types of allergic reactions, testing and treatments, and includes index, resource information and recommendations for further reading.

Parenting Collection

PAR 618.3 Str Streissguth, Ann Pytkowicz.

Fetal alcohol syndrome: a guide for families and communities / by Ann Streissguth; [forewords by Godfrey P. Oakley, Jr. & Kenneth R. Warren.]

Addresses the issues that surround fetal alcohol syndrome, including diagnosis, teratology and brain damage, physical and behavioral manifestations, education, services for high-risk mothers, public policy, and other related topics.

PAR 618.92 Ale Alexander-Roberts, Colleen.

The ADHD parenting handbook: practical advice for parents from parents / Colleen Alexander-Roberts.

Offers parents practical suggestions and strategies for helping their ADHD child cope with the daily challenges of life.

PAR 618.92 Ash Ashley, Susan, PhD.

The Asperger's answer book: the top 300 questions parents ask / Susan Ashley.

Child psychologist Susan Ashley answers three hundred of the most frequently asked questions parents have about Asperger's disorder, covering evaluation, social skills, thinking patterns, school success, and other topics.

PAR 618.92 Bar Barnard, Martha Underwood.

Helping your depressed child: a step-by-step guide for parents / Martha Underwood Barnard.

Offers parents practical help and guidance on how they can assess and understand their depressed child's symptoms, find the appropriate help, help their child through their depression, and create a wellness plan.

PAR 618.92 Bla Blastland, Michael.

The only boy in the world: a father explores the mysteries of autism / Michael Blastland.

The author explores the mysteries hidden within children who suffer from autism, and draws from his own experiences and those of his son who was stricken with the disorder.

PAR 618.92 Bod Thompson, J. Kevin.

Body image, eating disorders, and obesity in youth: assessment, prevention, and treatment / edited by J. Kevin Thompson and Linda Smolak.

Contains essays in which physicians, psychiatrists, and psychologists discuss topics related to body image, eating disorders, and obesity in children and adolescents, examining risk factors for the development of problems, assessment, and prevention.

PAR 618.92 Bou Boush y, Ann, 1957-

Talking teenagers: information and inspiration for parents of teenagers with autism or Asperger's syndrome / Ann Boush y.

Draws on first-hand experiences to offer parents of teens on the autism spectrum advice and strategies for dealing with the everyday challenges their child faces at home and at school.

PAR 618.92 Cha Chansky, Tamar Ellsas.

Freeing your child from obsessive-compulsive disorder: a powerful, practical program for parents of children and adolescents / Tamar E. Chansky.

Offers advice to parents on how to understand the causes of obsessive-compulsive disorder in their children, discussing the symptoms, diagnosis, and treatment of OCD, and explaining what parents can do to help guide their children back to normalcy.

Parenting Collection

PAR 618.92 Cob Cobain, Bev, 1940-

When nothing matters anymore: a survival guide for depressed teens / by Bev Cobain; edited by Elizabeth Verdick.

A guide to understanding and coping with depression, discussing the different types, how and why the condition begins, how it may be linked to substance abuse or suicide, and how to get help.

PAR 618.92 Emm Emmons, Polly Godwin, 1960-

Understanding sensory dysfunction: learning, development and sensory dysfunction in autism spectrum disorders, ADHD, learning disabilities and bipolar disorder. / Polly Godwin Emmons and Liz McKendry Anderson.

Offers parents of children with sensory dysfunction practical advice and strategies to help their children succeed in learning, skill development, and socialization.

PAR 618.92 Eva Evans, Dwight L.

If your adolescent has depression or bipolar disorder: an essential resource for parents / Dwight L. Evans and Linda Wasmer Andrews.

Offers parents of teens suffering from mood disorders, including depression and bipolar disorder, valuable advice and resources on how they can help their child cope with and manage their diagnosis and treatment.

PAR 618.92 Got Gottlieb, David.

Why is my child's ADHD not better yet?: recognizing the undiagnosed secondary conditions that may be affecting your child's treatment / David Gottlieb, Thomas Shoaf, Risa Graff.

Explains how to recognize autism, depression, bipolar disorder, oppositional defiant disorder, and other disorders that may underlie a child's attention deficit/hyperactivity disorder and how to ensure that he or she gets the appropriate treatment.

PAR 618.92 Jab Jablow, Martha Moraghan.

A parent's guide to eating disorders and obesity / Martha M. Jablow; foreword by C. Everett Koop.

Guide to the diagnosis and treatment of eating disorders and obesity from pediatricians, neurologists, and other workers at the Children's Hospital of Philadelphia.

PAR 618.92 Kut Kutscher, Martin L.

Kids in the syndrome mix of ADHD, LD, Asperger's, Tourette's, bipolar, and more!: the one stop guide for parents, teachers, and other professionals / Martin Kutscher.

A guide to neuro-behavioral disorders in children that provides information on each disorder's causes, symptoms, interactions with other conditions, and treatments.

PAR 618.92 Lea Lawton, Sandra Augustyn.

Learning disabilities information for teens / edited by Sandra Augustyn Lawton.

Provides an overview of learning disabilities, explaining what they are, their symptoms, causes, and diagnosis; describes different types of learning disabilities; and identifies disorders that can occur in conjunction with learning disabilities.

PAR 618.92 Mis Webb, James T.

Misdiagnosis and dual diagnoses of gifted children and adults: ADHD, bipolar, OCD, Asperger's, depression, and other disorders / James T. Webb, et al.

Six health care professionals discuss ways in which parents and educators can distinguish between gifted and pathological behaviors when diagnosing disorders such as ADHD, ODD, bipolar, OCD, autism, or Asperger's.

Parenting Collection

PAR 618.92 Owe Owens, Peter.

Teens, health, & obesity / Peter Owens; [introduction by George Gallup].

Examines the increase and causes of obesity and eating disorders among the nation's youth, and discusses the pressures that teens face to look thin and the health issues involved.

PAR 618.92 Ozo Ozonoff, Sally.

A parent's guide to Asperger syndrome and high-functioning autism: how to meet the challenges and help your child thrive / Sally Ozonoff, Geraldine Dawson, and James McPartland.

Provides practical guidance for parents of children with Asperger's syndrome or high-functioning autism and parents who suspect their child may have one of these conditions.

PAR 618.92 Ril Riley, Douglas.

The depressed child: a parent's guide for rescuing kids / Douglas A. Riley.

Examines the causes of childhood and teenage depression, and offers advice to parents and teachers on how to talk to their children and find help for them.

PAR 618.92 Spe Kaufman, Alan S., 1944-

Specific learning disabilities and difficulties in children and adolescents: psychological assessment and evaluation / edited by Alan S. Kaufman and Nadeen L. Kaufman.

Examines the assessment methods previously used to define and diagnose specific learning disabilities and disorders including the use of IQ testing and evaluates newer tools devised for measuring intelligence and neuropsychological functioning.

PAR 618.92 Ste Stein, David B.

Unraveling the ADD/ADHD fiasco: successful parenting without drugs / David B. Stein.

Offers treatment alternatives for parents of children with Attention Deficit and Hyperactivity Disorder that do not rely on drugs to control the child.

PAR 618.92 Tay Taylor, John F., 1944-

Helping your ADD child: hundreds of practical solutions for parents and teachers of ADD children and teens (with or without hyperactivity) / John F. Taylor.

A comprehensive guide to treating and understanding attention deficit disorder that offers children, parents, and teachers step-by-step tools for helping ADD children cope with their diagnosis and adapt to its challenges.

PAR 618.92 How Yoshida, Yuko, 1955-

How to be yourself in a world that's different: an Asperger syndrome study guide for adolescents / Yuko Yoshida; general editor.

Offers practical advice on how to understand and manage the characteristics associated with Asperger syndrome or autistic spectrum disorder as well as how to improve coping and life skills.

PAR 618.92 Zei Zeigler Dendy, Chris A.

Teenagers with ADD and ADHD: a guide for parents and professionals / Chris A. Zeigler Dendy.

Offers parents practical strategies to help them cope with the challenges associated with raising a teenager with ADHD and ADD, with information and tips on diagnosis, school, treatments, coexisting conditions, behavior issues, medications, and other topics.

PAR 618.92 Zei Zeigler Dendy, Chris A.

A bird's-eye view of life with ADD and ADHD: advice from young survivors! / by Chris A. Zeigler Dendy, Alex Zeigler.

Contains first-person narratives from twelve teens and one young adult in which they describe their experiences with attention deficit and attention deficit hyperactivity disorder, discussing the challenges posed by the condition, and explaining how the brain works.

Parenting Collection

PAR 636 Hay Hayhurst, Chris.

Cool careers without college for animal lovers / Chris Hayhurst.

Describes twelve careers that do not require a college degree for people who are interested in animals, each including such information as training requirements, salary ranges, and future outlook, as well as lists of related organizations and Web sites.

PAR 641.5 Com Compart, Pamela J.

The kid-friendly ADHD & autism cookbook: the ultimate guide to the gluten-free, milk-free diet / Pamela J. Compart and Dana Laake.

Describes the elimination diet for autism and attention deficit hyperactivity disorder, a regimen of eating and drinking that focuses on the elimination of gluten and casein, and features recipes, and background information on autism and ADHD.

PAR 641.5 Hin Hinton, Kerry.

Cool careers without college for people who love food / Kerry Hinton.

Explores the job descriptions, education and training requirements, salary, and outlook predictions for fourteen food-related careers that do not require a college education.

PAR 646.7 McK McKay, Gary D.

Calming the family storm: anger management for moms, dads, and all the kids / Gary D. McKay, Steven A. Maybell.

Offers families practical suggestions and tools to help them effectively deal with the inevitable anger that arises in everyday family life.

PAR 649 Ada Adams, John W., 1956-

You and your deaf child: a self-help guide for parents of deaf and hard of hearing children / John W. Adams.

Teaches parents how to deal with their emotions on learning that their child is deaf or hard of hearing, and offers guidance on communication in the family and effective behavior management.

PAR 649 Ade Adelizzi, Jane Utley.

Parenting children with learning disabilities / Jane Utley Adelizzi and Diane B. Goss.

Offers parents of children with learning disabilities advice on how they can deal with the academic, language, organizational, social, and emotional issues their children are facing.

PAR 649 Ber Bernstein, Neil I.

How to keep your teenager out of trouble and what to do if you can't / by Neil I. Bernstein.

Provides parents of teenagers advice on how to deal with a variety of issues their children may face and explains how to help keep their teenagers out of trouble.

PAR 649 Cla Clarke, Jean Illsley.

Self-esteem, a family affair / Jean Illsley Clarke.

A guide to nourishing self-esteem in adults and children that offers suggestions for dealing with individual family members in a nurturing and supportive way in a variety of different situations.

PAR 649 Col Coloroso, Barbara.

Parenting through crisis: helping kids in times of loss, grief, and change / Barbara Coloroso.

Shows parents how to help children find a way through grief and sorrow during the difficult times of death, illness, divorce, and other upheavals by using time, affection, and optimism, and contains anecdotes from her personal life as a nun, mother of three, and thirty years as a parenting educator.

Parenting Collection

PAR 649 De De Toledo, Sylvie.

Grandparents as parents: a survival guide for raising a second family / Sylvie de Toledo, Deborah Edler Brown; foreword by Ethel Dunn.

Examines the common problems and the stress associated with grandparents raising their grandchildren including basic information on government aid, custody suits, and special education programs.

PAR 649 Edg Edgette, Janet Sasson.

Stop negotiating with your teen: strategies for parenting your angry, manipulative, moody, or depressed adolescent / Janet Sasson.

Provides practical guidance for parenting "difficult" or depressed adolescents, covering such topics as parental credibility, overindulgence, helping children save face, and helping children assume responsibility, and includes personal stories.

PAR 649 For Ford, Anne, 1943-

Laughing Allegra: the inspiring story of a mother's struggle and triumph raising a daughter with learning disabilities / Anne Ford with John-Richard Thompson.

Anne Ford describes her experiences after her five-year-old daughter was diagnosed with learning disabilities, telling of her struggle to find help for her child, and discussing her work as an activist for other parents with learning disabled children.

PAR 649 Gla Glasser, William, 1925-

Unhappy teenagers: a way for parents and teachers to reach them / William Glasser.

Offers a variety of unconventional approaches designed to help parents and teachers reach out to teenagers who are unhappy and withdrawn.

PAR 649 Got Gottman, John Mordechai.

Raising an emotionally intelligent child / John Gottman with Joan DeClaire.

Discusses a five-step program for parents to use when teaching their children to acknowledge and master their emotions.

PAR 649 Gru Gruver, Nancy.

How to say it to girls: communicating with your growing daughter / Nancy Gruver.

Provides practical advice for parents on communicating with their daughters on difficult subjects such as boys, cliques, appearance, friends, and other topics.

PAR 649 Hei Heininger, Janet E.

From chaos to calm: effective parenting of challenging children with ADHD and other behavioral problems / Janet E. Heininger and Sharon K. Weiss.

Provides effective parenting techniques for parents with children who suffer from behavioral problems and offers advice from three different points of view, those of the parents, children, and therapists.

PAR 649 Hon Honos-Webb, Lara.

The gift of ADHD: how to transform your child's problems into strengths / Lara Honos-Webb.

Presents a practical guide for understanding some of the positive traits associated with attention deficit hyperactivity disorder including imagination and unusual intuition, and shows how to develop that creativity and build on the child's strengths.

Parenting Collection

PAR 649 Lev Levine, Madeline.

The price of privilege: how parental pressure and material advantage are creating a generation of disconnected and unhappy kids / Madeline Levine.

The author examines the rise of depression, anxiety disorders, and substance abuse among privileged adolescents; and identifies specific parenting practices that have contributed to these issues.

PAR 649 Lip Lippincott, Jenifer Marshall.

7 things your teenager won't tell you: and how to talk about them anyway / Jenifer Marshall Lippincott and Robin M. Deutsch.

Examines conversation as the key to the world of adolescents, and offers strategies parents may use to keep the lines of communication open between them and their teens.

PAR 649 McM McMahon, Tom (Thomas L.)

Teen tips: a practical survival guide for parents with kids 11-19 / Tom McMahon.

Offers parents of children ages eleven to nineteen practical strategies to help them deal with the challenges associated with raising teens and maintain a healthy parent-child relationship.

PAR 649 Moo Moorman, Chick.

Parent talk: how to talk to your children in language that builds self-esteem and encourages responsibility / Chick Moorman.

Offers parents advice on the best ways to communicate with their children, from preschool to high school, with tips to build effective and peaceful communication styles.

PAR 649 Nel Nelsen, Jane.

Positive discipline for teenagers: empowering your teens and yourself through kind and firm parenting / Jane Nelsen, Lynn Lott.

Presents a parenting guide that discusses how to increase communication and understanding with teenagers, including information on winning cooperation without threatening, deciding if a teen's rebellion is normal or excessive, and other topics.

PAR 649 Nol Nolte, Dorothy.

Teenagers learn what they live: parenting to inspire integrity & independence / by Dorothy Law Nolte and Rachel Harris.

Draws from the poem "Teenagers Learn What They Live" to offer advice to parents on how to develop warm, caring, and open relationships with their teenagers by leading through example, rather than by lecture.

PAR 649 Sas Saso, Patt.

Parenting your teens with T.L.C.: the "time-limits-caring" way to survive adolescence / Patt & Steve Saso.

Offers parents of teens practical tips for coping with the emotional ups and downs they face and providing guidance, love, patience, and discipline for their child in a way that will build self-esteem, confidence, and respect.

PAR 649 Sch Schwebel, Robert.

Keep your kids tobacco-free: a guide for parents of children ages 3 through 19: (previously titled How to help your kids choose to be tobacco-free) / Robert Schwebel; foreword by George D. Comerchi.

Provides practical strategies and advice that will help parents of preschool through high-school-age children deal with issues of tobacco use and addiction, including information on recognizing the five stages of tobacco use and other topics.

Parenting Collection

PAR 649 Taf Taffel, Ron.

Parenting by heart: how to stay connected to your child in a disconnected world / by Ron Taffel with Melinda Blau.

Offers hundreds of specific, step-by-step parenting solutions to help parents feel more confident, be in charge, and still have a powerful connection with their children.

PAR 649 Tra Tracy, Louise Felton.

Grounded for life?!: stop blowing your fuse and start communicating with your teenager / Louise Felton Tracy.

A guide to help parents bring about positive change in communicating with the middle-school child.

PAR 649 Wis Wiseman, Rosalind, 1969-

Queen bees & wannabes: helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescence / Rosalind Wiseman.

Explains how parents can help their daughters deal with the different issues surrounding friendships, boys, gossip, and cliques as they start high school.

PAR 650.14 Gra Grandin, Temple.

Developing talents: careers for individuals with Asperger Syndrome and high-functioning autism / Temple Grandin and Kate Duffy.

Examines career opportunities for men and women with Asperger Syndrome and high-functioning autism, providing information on job responsibilities, training requirements, difficulty level, and necessary social and communication skills.

PAR 745.5 Man Mannino, Stephanie.

Cool careers without college for people who love crafts / Stephanie Mannino.

Describes fourteen careers people who enjoy crafts can pursue without a college education, each with information on education and training, salary, and future outlook, a profile of a person working in the field, and a list of related organizations.

PAR 796 Hof Hofstetter, Adam B.

Cool careers without college for people who love sports / Adam B. Hofstetter.

Describes twelve careers that do not require a college degree for people who are interested in sports, each including such information as training requirements, salary ranges, and future outlook, as well as lists of related organizations and Web sites.

PAR 796 Zim Zimmerman, Jean.

Raising our athletic daughters: how sports can build self-esteem and save girls' lives / Jean Zimmerman and Gil Reavill.

Discusses how sports can positively influence the lives of girls during the adolescent years, and features profiles of some of the world's most famous female athletes including Rebecca Lobo, Mia Hamm, Gabrielle Reece, and Jackie Joyner-Kersey.

PAR 796.071 Koe Koehler, Mike, 1938-

Advising student athletes through the college recruitment process: a complete guide for counselors, coaches, and parents / Michael D. Koehler.

Focuses on eleven aspects of the college recruitment process for student athletes, providing a look at the evolution of college sports, and covering topics that include the organization of the NCAA, the importance of academics, and more.

PAR 921 McG McGovern, George S. (George Stanley), 1922-

Terry: my daughter's life-and-death struggle with alcoholism / George McGovern.

Biography of Terry McGovern exploring her life long battles with depression, drug abuse, and alcoholism and tells of her parents never ending attempts to save her and learn from her illness.

Parenting Collection

PAR 921 Med Medugno, Richard.

Deaf daughter, hearing father / Richard Medugno.

Richard Medugno chronicles his and his wife Brenda's efforts to help their deaf daughter survive and thrive in the hearing world.

PAR 921 Pal Palmer, Greg.

Adventures in the mainstream: coming of age with Down syndrome / Greg Palmer.

Greg Palmer recounts the experiences his son Ned, who has Down syndrome, had as he was transitioning from high school to work.

PAR 921 Sho Shore, Stephen M., 1961-

Beyond the wall: personal experiences with autism and Asperger syndrome / Stephen M. Shore; [foreword by Temple Grandin].

A collection of essays in which Stephen Shore chronicles his own battle with Asperger Syndrome and offers an inside look at what it is like to be a prisoner of Autism and other related disorders.

PAR 921 Sim Simon, Lizzie.

Detour: my bipolar road trip in 4-D / Lizzie Simon.

The author, diagnosed with bipolar disorder while still in high school, discusses her experiences after she decided to leave her job as a theatrical producer and travel the country in search of other young manic depressives.

PAR 921 Tuc Tucker, Bonnie P., 1939-

The feel of silence / Bonnie Poitras Tucker.

Autobiography of Bonnie Poitras Tucker, former partner in the firm of Brown & Bain, and professor of law at Arizona State University, discussing how her deafness has affected all areas of her life.