

**Saratoga Springs City School District**  
**Parental Authorization to Exclude Child BMI Data**  
**2009-2010**

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to calculate the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination.

The Saratoga Springs City School District has been selected to take part in a New York State Department of Health (NYSDOH) survey. Districts who have been selected to be part of this survey will report information about their students' weight status groups to the NYSDOH. Only summary information is sent. No names and no information about individual students are sent.

The information sent to the NYSDOH will help health officials develop programs that make it easier for children to be healthier. Parents or guardians may choose to have their child's information excluded from this survey report. If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below.

**Return this form by mail, e-mail or in person**  
**to the health office in your child's school by December 31, 2009.**

**Please do not include my child's weight status information in the 2009-2010 School Survey.**

\_\_\_\_\_  
Print Child's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
School in which child is enrolled

\_\_\_\_\_  
Child's grade

\_\_\_\_\_  
Print Parent's Name

\_\_\_\_\_  
Parent's Signature